

A Regular Meeting of the Fairfield Fire Commission was held on Thursday December 14th 2017 @ 7 pm Fairfield Regional Fire School, 205 Richard White Way Fairfield CT 06824

CALL TO ORDER: Chairperson Barbara Rifkin @ 7:12pm

Members Present: Commissioners: Dorothea Brennan, Joseph Olzacki, and Frank Cieplinski

Also Present: Chief McCarthy: D.C. Dunn

Absent: Commissioner Bill Fitzpatrick, Craig Van Steenberg.

1. Pledge of Allegiance

2. Moment of Reflection: Line of Duty Deaths since 11/09/2017

3. Approval of 11/09/2017 Regular Meeting Minutes

Commissioner Brennan motioned, seconded by Commissioner Olzacki to approve the 11/09/2017 Regular Meeting Minutes with one correction to add the word **division to the last paragraph on Page 1**. Motion carried.

4. Chief's Monthly Report- Quint and High-water Rescue Truck

The Commission got to see both. Lt Higgins gave an overview on how they operate.

a) Administration- Chief went over briefly the Budget Request with the Commission.

b) Maintenance-Apparatus Update. No update

c) Donations- The Shack Sackler Family -\$500

Commissioner Brennan motioned, seconded by Joe Olzacki to approve the \$500.00 donation as presented. Motion carried.

d) Regional Fire School operation Costs and Income

Chief mentioned that they are working with the Finance Dept. to formulate a budget for Training School. In addition they will keep track of the Town usage of the facility. Chief also went over the Profit and Loss report with the

commission answering any questions the commission had. Since New fee structure annual income is up from previous years.

5. Deputy Chief's Operations Reports-

D.C. reported there was a structure fire on 11/18 in Weston. There was conditional job offers to candidate 1 and 2 on existing FF list. D.C. will speak with PD regarding enhanced background checks. Reviews started for existing and new SOGs. Project currently underway removing floor tile at Fire station 5, will continue with renovation of kitchen.

Quint 1 training is ongoing. All members of PD and FD have completed Rescue Task Training held at TG: Classroom and drills using embedded RTF teams in Smokehouse. Chiefs included.

There was Leadership training by Dr. Maloney from FFU to on-duty personnel across all shift completed with no cost to the town. AFG In-Body 770 scanner received and the AFG Peer Fitness Trainers identified for the Feb5th class date: Requests going in for Additional equipment on this project.

EMD meeting and Exercise: discussion on Cyber-attack on Municipality. DC Dunn gave a brief update to the commission.

Commissioner Brennan asked about the State testing. Chief brought the commission up to date noting up to approximately 21 depts. seem firm to commit to participate in the State testing. Discussion ensued regarding how to market the test. Chief did note so far Westport & Norwalk did not sign up yet.

6. Southport VFD Update- Commissioner Cieplinski reported numerous of members attended the EMR training and 11 passed.

7. Stratfield VFD Update- No report

8. Local 1426 Update - No report

9. CERT (community Emergency Response Team) Update- Norma thanked the Chief and all who attended the Active Shooter Fire Service Perspective program. The Stop the Bleed program will be held in Jan.2018

10. Old Business –

11. New Business

- **Report from Nominating Committee**

Chairperson Dorothea Brennan reported Commissioner Olzacki was nominated for Chair and Commissioner Fitzpatrick for Secretary.

Election of Officers

Commissioner Brennan motioned, seconded by Commissioner Cieplinski to approve the Election of Officers as stated above for 2018. Motion carried.

Approval of 2018 Meeting Dates

Commissioner Brennan made a motion, seconded by Commissioner Cieplinski to approve the 2018 meeting dates as presented. Motion carried.

12. Adjournment: Being no further business Commissioner Cieplinski motioned to adjourn at 7:50pm, seconded by Commissioner Olzacki. Motion carried unanimously.

Respectfully submitted by Jude Fitzgerald

Recording Secretary

Memo

To: Chief McCarthy
From: A/C William Kessler, Fire Marshal *W. Kessler*
Date: January 8, 2018
Re: Fire Marshal's Office Report for Month of **December**

Plan Reviews and Compliance Meetings -- 26

Field Inspections -- 93

Annual Certification -- 8

New Construction/Renovation -- 54

Other & Follow-up Inspections -- 16

Multi-Family Inspections -- 3

Seasonal Mercantile Inspections -- 12

Fire Investigations -- 1 (459 Morehouse Ln)

Of Special Interest

- Fire and Life Safety classes provided to 6th grade Consumer Science students at Fairfield Woods Middle School
- Lt. Edmondson represented the Fire Marshal's Office at a meeting with Beach Area Residents regarding safety concerns.

FAIRFIELD FIRE DEPARTMENT

Inter-Office Correspondence

TO: Chief McCarthy

FROM: Assistant Chief Scott R. Bisson

SUBJECT: Monthly Facility Report for December, 2017

DATE: January 4, 2018

During the month of December the Joseph S. Elias Fire Training School was utilized by the 294 students over 93.5 hours.

Agencies Using the Facility

- AMR
- Fairfield Fire Dept.
- CERT
- CT Fire Academy
- Fairfield Police Dept.
- Boy Scout Troop 199
- Regional Dive Team
- CT Food Inspectors/Fairfield Health Department
- Fairfield County HazMat
- Bridgeport Fire Department
- Fairfield Fire Commission
- FRFS
- Fairfield DPW

Training and Administrative Highlights (Categories of use - FFD, FFD/FRFS, FRFS, Town)

- **FFD** - Mayday Monday in-service drills were conducted by all Fairfield Fire Department personnel on December 4, 11, and 18.
- **FFD/FRFS** - The CFA academy conducted a written certification examination on site on November 9th.
- **FFD** - Extensive Classroom and Practical Training in preparation for the new Sutphen Quint going in service as Engine 1 was delivered this month to all shifts from December 1 to 19th until truck was sent to manufacturer for final installation of equipment. Anticipating full service by mid-January.
- **FRFS** - The November Q Endorsement program was completed this month at the FRFS.
- **FFD** - The remaining shifts participated in a joint training exercise with members of the Fairfield Police Department in preparation for a mass shooting incident. This Rescue Task Force training included the role of first responders and the use of new ballistic gear.
- **FFD** - Firefighter John Gomola was evaluated and passed his department pumping skills



examination.

- **FFD** - Dr. Paul Maloney, Applied Psychologist from Fairfield University completed his training workshop for the remaining fire department officers this month.
- **FFD** - The training division; in conjunction with the Chief's office and Linda Gardiner, have continued working on the upcoming budget numbers.
- **FFD/FRFS** - Announcements were made for a January 10 Seminar featuring Peter Nichio. The officer development program name is "The Leader in You".
- **FFD/FRFS** - School has received shipment of AFG grant funded fitness training equipment for Bridgeport and Fairfield FD peer fitness trainer classes scheduled for late January / early February.
- **Town** - Arrangements were made with the Public Health Educator to be the host site for the annual town Diabetes Prevention Program which is scheduled to begin on Wednesday, January 10 and the health department has also requested to use classroom space on January 8 for their annual qualified food operator's class and test.
- **FRFS** - AMR will begin a winter EMT certification class at the FRFS beginning January 8 and plans are underway for several summer deliveries.
- **FFD** - Plans were finalized for the department's annual EMT recertification refresher classes.
- **FRFS** - The Easton Volunteer Fire Co. No. 1 scheduled a contract CPR class for January through the FRFS.
- **FFD/FRFS/TOWN** - New programming dates are being developed for the coming calendar year which include but are not limited to additional Q endorsement classes, CPR and extinguisher training, pump operator and hazardous materials courses.
- **FFD/FRFS** - An advanced extrication class was held through the FRFS on December 2.
- **Town** - Fire Commission Meeting, Boy Scout Meeting, DPW Pile Meeting with Neighbors, CERT Team office use, charging and storage.





Physical Plant

- The fire school participated in the Town holiday decorating contest but lost to other departments. The lights on the tree were not turned on due to the lack of state budget funds for utilities.
- Heating systems – DPW is working on tweaking the buildings environmental control systems as the rooms do not seem to respond to individual thermostats.
- We are continuing to work with Consigli construction for resolution of a number of minor warrantee items including:
 - Settling cracks in tile floor between dirty and clean side of building
 - Masonry repairs to walkway and burn building basement simulator
 - Minor settling cracks in apparatus apron entrances
 - Water leaks in apparatus bay from chimney and HVAC unit.
- Apparatus Storage – Winter Training requires fire apparatus with water and hydraulic systems on board to be stored in a temperature controlled environment to prevent freezing and breakdown. The apparatus bays have been cleared to allow for this usage during FFD on duty training programs when temperatures are below freezing.



Year to Year Incident Comparison

	2015	2016	2017
January	730	760	699
February	722	818	627
March	709	733	679
April	701	721	719
May	717	727	763
June	722	741	706
July	761	801	731
August	648	750	765
September	744	737	787
October	784	792	860
November	735	722	700
December	691	754	691
TOTAL	8,664	9,056	8,727

Fairfield Fire Department
Year to Date Report
12/01/2017 to 12/31/2017

Incident Summary by Type

Building Fires	3
Cooking Fires	1
Car Fires	5
Dumpster Fires	0
Brush, Grass, Outside Fires	0
Smoke Scares	51
Furnace Fire/Malfunction	0
Explosion/Steam Rupture	1
Emergency Medical	354
Vehicle Accidents	35
Elevator Rescue	0
Extrications/Rescues	2
Hazardous Condition	21
Service Calls	110
Investigation	45
False Alarm	24
Malicious Alarm	1
Weather/Lightning Strike	0
Undetermined/Incomplete	38
Total Incident Count	691

Property Loss	926,000.00
Contents Loss	200,050.00

Unit Responses

E-2	218
E-1	189
E-3	136
CAR3	127
LAD2	110
RES1	96
E-4	92
E-5	76
CAR5	3
E-8	3
FM1	2
CAR2	1
CR33	1
E-6	1
FM2	1
FM3	1
M1	1
WE2	1



Fairfield Fire Department Sunday Safety Message

Sunday, January 7, 2018 ; Week 2 - 2018

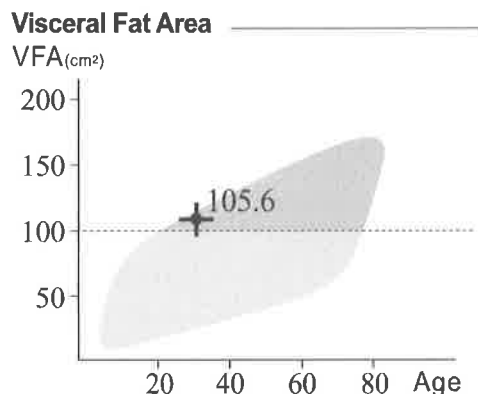
InBody770 – The Pre-Plan for Your Body

Every firefighter understands the importance of pre-emergency planning. Accurate information allows us to make good tactical decisions that can mean the difference between life and death on the fireground. The same is true with information about our personal health. Cardiovascular disease (CVD) is the leading killer of firefighters. Cancer (CA) follows close behind. How and where our body stores fat has a great impact on CVD and CA risk. Visceral fat, the fat surrounding the organs in the abdomen, is of extreme concern, as it is linked to CVA, diabetes, and certain types of cancer. As firefighters we need to have accurate information so we can make informed decisions about our health. In the past, access to this information has been difficult and expensive. Thanks to the InBody 770, this information is easily available with a 45 second body scan. This research-grade segmental body analyzer was purchased with last year's AFG grant and is in service at the Fairfield Fire Training Center.

The InBody 770 provides a printed, easy to read, graphic display of visceral fat. As the diagram illustrates – Visceral Fat Area (VFA) is displayed on a graph with 100 being the goal. Below the line is good, above the line requires attention. Body Fat – and Lean Body Mass are also indicated. This information provides an accurate recommendation of what we need to add or lose.

SEE WHAT YOU ARE MADE OF - LITERALLY!

For firefighters and other tactical athletes – body composition is more important than body weight. The Inbody 770 will show you where your body fat and lean muscle mass are stored. As our fitness program develops, Peer Fitness Trainers will use this information to help tailor a personal fitness prescription that will help each of our members to optimize their health. For now, it provides a highly accurate baseline. If you have started or are planning to start a New Year's resolution that includes a fitness protocol, this information is pure gold. To learn more about body composition and the features of our InBody scanner, please check out the following link - <https://www.youtube-nocookie.com/embed/B6jIUOi8puk?rel=0&showinfo=0>



Body Fat - Lean Body Mass Control

Body Fat Mass	-	18.3 lbs
Lean Body Mass	+	9.3 lbs

(+) means to gain fat/lean (-) means to lose fat/lean

The key to staying safe on the fireground begins long before we arrive on scene. It starts with an accurate self-assessment of our physical condition and a smart plan to get and stay in shape. This plan should include a healthy diet, exercise, adequate rest, and stress management. Please contact the TG and arrange a scan. If you need help making a fitness plan give me a call. The life we save may be our own. TRAIN SMART!

AC George Gomola – Human Performance Director



Fairfield Fire Department Sunday Safety Topic

Sunday December 31, 2017 Week 2017-52

Beware the Rail Cargo

According to Neil Sweeting, Chief of the Metro North Fire Department, there is very limited freight movement on the New Haven line. CSX and the P&W (Providence & Wooster) freight carriers have operating rights on the New Haven line. There are no regularly scheduled movements going through Fairfield. The biggest commodity moving through with any regularity is a P&W rock train moving rock and gravel from a New England quarry down to NYC. They move west to New Rochelle at night then cross over the Hell Gate Bridge into the Bronx. There will also be empty quarry trains heading back east.



Both CSX and P&W are considered common carriers and are required to ship whatever commodity a shipper is transporting as long as it is packaged and transported properly following all DOT regulations. This includes Haz-Mat shipments. There are no regularly scheduled Haz-Mat shipments through Fairfield but that does not mean it does not occur periodically. As you know it is all about the placarding. There could be hazardous products in a freight car that first responders may not be aware of because the shipment did not meet a reporting threshold requiring placarding. Freight train crews carry a manifest of commodities and hazardous materials being transported. The MNR Operating Control Center (OCC) and the shipper also maintain a copy of the manifest. Freight movements are only permitted on our tracks between 0100 and 0500. All freight must be off the tracks before rush hour.

Metro North does operate work trains on the New Haven line that consist of hopper cars, gondolas, box cars and flat beds. These trains are usually very small consisting of only a couple of cars. MNR does not move hazardous materials on their work trains. Be healthy and be safe!

DC Kyran Dunn



Fairfield Fire Department Sunday Safety Topic

Sunday, December 24, 2017 ; Week 2017-51

The FLU is WIDESPREAD in Connecticut



Flu Symptoms

Influenza (also known as the flu) is a contagious respiratory illness caused by flu viruses. It can cause mild to severe illness, and at times can lead to death. The flu is different from a cold. The flu usually comes on suddenly. People who have the flu often feel some or all of these symptoms:

- Fever* or feeling feverish/chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (tiredness)
- Some people may have vomiting and diarrhea, though this is more common in children than adults.

** It's important to note that not everyone with flu will have a fever.*

Response Precautions

- Always wear medical gloves when on an EMS call
- Keep an distance from the patient, at least 6 feet to start
- Thorough patient assessment is a must, know the symptoms listed above
- Consider a mask for the patient if they have flu symptoms
- Consider a mask for you!
- Clean your hands with the hand sanitizer wipes on the apparatus before getting in the truck
- Wash your hands upon returning to the station

Be Safe! AC Sherwood



Fairfield Fire Department Sunday Safety Topic

Sunday, December 17, 2017 - Week 2017-50

“The HotStick”

The Shift Commander’s vehicle currently has an AC HotStick Voltage Detector.

It is a safety device designed for professional rescuers which provides warning of exposed high voltage AC from a safe distance. The AC HotStick will give early audible (“beeping”) and visual (flashing LED) warning of the presence of dangerous voltages without the need to contact the surface carrying the current. The closer the user comes to the source of the voltage the more rapidly the unit beeps and flashes.¹

Members using this device need to be aware of its limitations. The HotStick will only detect alternating current (AC) and not direct current (DC). Any current downstream from a transformer is DC current. All solar panel installations generate DC current, and its current will not be detected by the use of a HotStick until the power is converted to AC current at the inverter. Also many industrial motors for machinery, elevators and escalators operate on DC current.



Remember to assess the nature of the power current (AC or DC) that you are trying to safely assess, and please remember that any system can reenergize if not safely locked out and tagged out by the operator.

Please be safe, AC Kalapir

¹ www.hotstick.usa

Tesei, Sheila

From: Boccamazzo, Christine
Sent: Tuesday, January 02, 2018 3:12 PM
To: Tesei, Sheila
Subject: FW: New Year's Eve

Chris Boccamazzo
HR Specialist
Town of Fairfield
Human Resources

From: Boccamazzo, Christine
Sent: Tuesday, January 02, 2018 8:56 AM
To: MacNamara, Gary; Lyddy, Chris; McCarthy, Denis; Dunn, Kyran
Cc: Tetreau, Mike
Subject: New Year's Eve

Good Morning all and Happy New Year!

I just wanted to take a moment to let you know of the amazing response from all of our emergency services that I witnessed firsthand on NY's Eve.

I was at a dear friends house on South Street enjoying a wonderful dinner, when my friends' father (who suffers from advanced Parkinson's) started choking on a Brussel sprout. His son immediately began the Heimlich maneuver but was not having success. My girlfriend called 911 and within seconds Officer Romaine Chamberlain was on the scene- took over and was successful in getting the sprout out. Within another minute Fairfield Fire was on the scene-Lt. Tuttle's Platoon that night-took over and convinced the family to let him go to the hospital-family was resisting, but they finally convinced them to send him. Thank God they did as he had another obstruction in his airway. He stayed overnight and is now resting comfortably at home.

The amazing short response time, the wonderful, courteous and professional work done by Officer Chamberlain, Lt. ~~Higgins~~ and his group literally saved Ward Strang's life on NY's Eve. Also the telecommunicator that assisted my girlfriend was kind, courteous and calming and stayed with her on the line to the responders arrived.

This isn't the first time I have witnessed the wonderful job of our emergency responders-but I feel you all deserve to hear what a great job our responders do here in town every day.

Chris

Chris Boccamazzo
HR Specialist
Town of Fairfield
Human Resources

Tuttle
Cocchia
Zwierlein



Fairfield Fire Department Basic Incident Report

Incident Number: 18-000028
Alarm Date: 01/01/2018

Ty
Call

Basic Information

Location: **Exact Location** 81 New ST
 Street Address Fairfield, CT 06825

Times: **Alarm:** 18:34:21
 Arrival: 18:39:12
 Cleared: 19:37:02

Incident Type: (522) Water or steam leak
Aid Given or Received: (N) None
District: (3) Station #3 First Due
Actions Taken: (701) Gained Access
 (86) Investigate

Thank you call

Property Information

Property Use: (419) 1 or 2 family dwelling

Responding Personnel and Units:	Totals:	Units:	Personnel:
		1	3

Narrative:

Narrative as Entered by ECC Dispatcher: CHECK PIPES
366

E3 arrived on scene to be met by the homeowner. Homeowner stated that she did not have any water throughout the house all day. E3 investigated and found that the water line in the basement went behind a finished wall, which was along an exterior wall. Using the thermal imaging camera, the sheetrock was 37 degrees. With the permission of the homeowner, E3 personnel cut a small hole in the sheetrock and exposed the copper pipe which read 26 degrees on the camera. There was no water damage visible at this time. The homeowner was going to thaw out the pipe with a hair dryer. E3 personnel showed the homeowner the water shut off in case a break was found after the pipe thawed. E3 recommended that the homeowner call a plumber to have the water line moved away from the unheated space. A smoke detector was placed at the top of the basement stairs and the battery in the smoke detector at the top of the 2nd floor stairs was replaced. E3 in service.

Authorizations:

Officer in Charge: F366 Catandella, Jonathon _____

Rank: LT Lieutenant

*Smuda
Ward*



**TOWN OF FAIRFIELD
CONNECTICUT**

**OFFICE OF THE CHAIRMAN
FIRE COMMISSION**

**140 REEF ROAD
FAIRFIELD, CT 06824**

December 15, 2017

Betsy Browne
Town Clerk
611 Old Post Rd
Fairfield, CT 06824

Dear Betsy:

At the December 14, 2017 meeting, the Fire Commission approved the following meeting dates for 2018:

January 11, 2018
February 8, 2018
March 8, 2018
April 12, 2018
May 10, 2018
June 14, 2018

July 12, 2018
August 9, 2018
September 13, 2018
October 11, 2018
November 8, 2018
December 13, 2018

All regular meetings will be held on the 2nd Thursday of the month at 7:00 p.m. at the Fairfield Regional Fire School, 205 Richard White Way (formerly 205 One Rod Hwy), Fairfield, CT 06824

Thank you,

Sheila Tesei