

Mental Health Services

Children's Services (0-18) (O)UTPATIENT; (I)NPATIENT; INTENSIVE IN-(H)OME

Boys and Girls Village (O, H).....	203-330-6790	Bridgeport
CT Renaissance (O, H, IOP).....	203-866-2541	Various
Child and Family Guidance of Greater Bridgeport (O).....	203-394-6529	Various
Child First (H).....	203-384-4555	Bridgeport
Family & Children's Aid (O, H).....	203-748-5689	Bridgeport
Four Winds Hospital (I, O, IOP).....	800-528-6624	Katonah, NY
Jewish Family Service of CT (O).....	203-366-5438	Fairfield
LifeBridge (formerly FSW) (O) - walk-in access.....	203-368-4291	Bridgeport
REACH Children's Program at Bridgeport Hospital (IOP).....	203-384-3377	Bridgeport
Schoke Jewish Family Services (O).....	203-921-4161	Bridgeport
St. Vincent's Behavioral Health Services (O).....	203-221-8899	Norwalk
St. Vincent's Hotline(I).....	800-LIFE NOW	Toll Free
Silver Hill Hospital (I, O) (Ages 13+).....	866-542-4455	New Canaan

Adult Services (18+) (O)UTPATIENT; (I)NPATIENT; INTENSIVE OUTPATIENT (IOP)

CT Renaissance, Inc. (O, IOP).....	203-866-2541	Various
Fairfield Counseling Services / Life Bridge (O).....	203-255-5777	Fairfield
Greater Bridgeport Community MH Center (I, O).....	203-551-7507	Bridgeport
Four Winds Hospital (I, O, IOP).....	800-528-6624	Katonah, NY
Greater Bridgeport Community MH Center (I, O).....	203-551-7507	Bridgeport
Jewish Family Service of CT (O).....	203-366-5438	Fairfield
LifeBridge (formerly FSW) (O) - walk-in access.....	203-368-4291	Bridgeport
Mary J. Sherlach Counseling Center (Only serves Trumbull) (O) ...	203-261-5110	Trumbull
Optimus Healthcare Behavioral Health (O).....	203-333-3030	Bridgeport
Positive Directions (O).....	203-227-7644	Westport
REACH Adult Program at Bridgeport Hospital (IOP).....	203-384-3377	Bridgeport
Schoke Jewish Family Services (O).....	203-921-4161	Bridgeport
Silver Hill Hospital (I, IOP) (Including eating disorders).....	866-542-4455	New Canaan
Southwest Community Health Center (O).....	203-330-6000	Bridgeport
St. Vincent's Behavioral Health Services (I).....	203-227-1251	Bridgeport
St. Vincent's Behavioral Health Services (O, IOP).....	203-362-3900	Bridgeport

Substance Abuse Services

(O)UTPATIENT; (I)NPATIENT; (D)ETOX; INTENSIVE (IOP)

Substance Abuse Walk-In Assessment Centers(D).....	800-563-4086	Statewide
CASA (Spanish Speaking Only) (O, D).....	203-339-4112	Bridgeport
Child & Family Guidance Center of Greater Bridgeport (O).....	203-394-6529	Bridgeport
CT Renaissance, Inc. (O, IOP).....	203-866-2541	Various
Liberation Programs (O, D).....	203-851-2077	Bridgeport
Mary J. Sherlach Counseling Center (Trumbull only) (O).....	203-261-5110	Trumbull
Mountainside (O, IOP).....	(860) 717-3198	Wilton
Positive Directions (O).....	203-227-7644	Westport
Recovery Network of Programs (I, O, IOP, D/Adults).....	203-929-1954	General
	203-366-5817	Bridgeport
Silver Hill Hospital (I, O, IOP, D/Adults).....	866-542-4455	New Canaan
St. Vincent's Behavioral Health Services (I, O, IOP, D/Adults)....	203-227-1251	Westport
	203-362-3900	Bridgeport
Turning Point Regional Substance Use Program (O, teens).....	203-394-6529	Regional

Supportive Services

(H) HOUSING--(E) EMPLOYMENT--(R) PSYCHOSOCIAL REHABILITATION--(S) SHELTER

(SS) SOCIAL SERVICES--(DV) DOMESTIC VIOLENCE--(V) VETERANS --(Ed) EDUCATION

(T) TRANSPORTATION--(C) CASE COORDINATION/CONSERVATORSHIP--(J) JUSTICE

Academy for Human Service Training, Marrakech (E).....	203-338-0654	Bridgeport
Action for Bridgeport Community Development (SS, C).....	203-366-8241	Bridgeport
Alpha Community Services (S).....	203-366-2809	Bridgeport
Bridge House (E, Ed, R).....	203-335-5339	Bridgeport
Bridgeport Health Dept (needle exchange).....	203-576-8086	Bridgeport
Bridgeport Rescue Mission (S).....	203-333-4087	Bridgeport
Center for Family Justice (DV).....	203-334-6154	Bridgeport
Continuum Crisis & Respite Services (S, R, C).....	475-282-4985	Bridgeport
Errera Homeless Outreach for Veterans (V, S).....	203-479-8000	Statewide
Goodwill Industries (E, H).....	203-368-6511	Bridgeport
Homes for the Brave (V, H, R, E) (homeless vets only).....	203-338-0669	Bridgeport
Homeless Outreach Team (H, SS).....	800-586-9903	Bridgeport
Hope Dispensary of Greater Bridgeport pharmacy (SS).....	203-332-5653	Bridgeport
Kennedy Center (E, H).....	203-365-8522	Trumbull
Know How To Go (T).....	www.knowhowtogooct.org	
Janus Center for Youth in Crisis (24/7 hotline), (S, SS).....	203-374-9473	Bridgeport
"Melissa's Project" / Guardian ad Litem (C).....	203-723-4332	Bridgeport
Mental Health CT (H, C).....	203-365-8444	Bridgeport
Operation Hope (H, S, C, R).....	203-254-2935	Fairfield
Prospect House (S).....	203-576-9041	Bridgeport
Recovery Network of Programs (H, R).....	203-929-1954	Bridgeport
RYASAP (StreetSafe, Mediation, Juvenile Justice, JRB, LIST) (J).....	203-579-2727	Bridgeport
St. Vincent's Community Residential (Hall-Brooke) (H, R).....	203-362-3920	Bridgeport
The Connection (H, J).....	855-435-7955	Bridgeport
Veyo (T).....	855-478-7350	Statewide
Young Adult Space! (YAS) Drop-in center for ages 18-25 (C).....	203-853-0600	Norwalk

Self-Help

Al-Anon, Alateen.....	888-825-2666	www.ctalanon.org
Alcoholics Anonymous.....	866-783-7712	www.ct-aa.org
Cocaine Anonymous.....	800-347-8998	www.ca.org
CT Hearing Voices Network.....	860-995-9172	www.cthvn.org
Families Anonymous.....	800-736-9805	familiesanonymous.org
Narcotics Anonymous.....	800-627-3543	www.na.org
Overeaters Anonymous.....	505-891-2664	www.oa.org
Problem Gambling Hotline.....	888-789-7777	www.ccpvg.org

Support & Advocacy Groups

Advocacy Unlimited.....	800-573-6929	Statewide
American Foundation for Suicide Prevention.....	203-707-8589	Southern CT
Bridge House.....	203-335-5339	Bridgeport
C.A.R.E.S. Group.....	855-406-0246	Regional
CCAR Bridgeport Recovery Community Center.....	203-332-3303	Bridgeport
CCAR Young Adult & Family.....	203-870-9132	Bridgeport
Connecticut Legal Rights Project (CLRP).....	877-402-2299	Statewide
Courage to Speak Foundation (<i>substance abuse, parenting</i>).....	203-831-9700	Statewide
CT Community for Addiction Recovery (CCAR).....	800-708-9145	Statewide
CT Commission for Human Rights.....	860-541-3400	Statewide
CT Juvenile Justice Alliance.....	203-579-2727	Statewide
CT Parent Advocacy Center (CPAC).....	860-739-3089	Statewide
Disability Rights Connecticut.....	800-842-7303	Statewide
FAVOR (Family Advocacy for Children's Mental Health).....	860-563-3232	Statewide
Keep the Promise (KTP).....	860-788-6180	Statewide
National Alliance for Mental Illness (NAMI).....	800-215-3021	Statewide
NAMI Fairfield.....	203-650-3463	Fairfield
Office of the Healthcare Advocate (OHA).....	866-466-4446	Statewide
Special Education Resource Center (SERC).....	860-632-1485	Statewide
Triangle Community Center (<i>LGBTQ</i>).....	203-853-0600	County
TurningPointCT.org (online peer support for CT young people).....	www.TurningPointCT.org	

Social Services by Town

Bridgeport Social Services.....	203-576-7416	Bridgeport
Easton Social Services.....	203-268-1137	Easton
Fairfield Social Services.....	203-256-3170	Fairfield
Monroe Social Services.....	203-452-2813	Monroe
Stratford Community Services.....	203-385-4095	Stratford
Trumbull Social Services.....	203-377-6832	Trumbull

1/25/2018

2018 Public & Nonprofit Resources Greater Bridgeport Area



Mental Health & Substance Use

Crisis Information

Crisis Intervention Services

Adult Mobile Crisis (8am-4:30pm).....	800-586-9903
Child Mobile Crisis (under age 18, 24/7).....	Call 211, press 1
National Lifeline (AFSP).....	800-273-TALK (8255)
Veterans Crisis Line.....	800-273-8255, press 1
Crisis Text Line (CTL).....	Text CTL to 741741
Kids in Crisis 24 hour hot line & face to face.....	203-327-KIDS
Warm Line (mental health peer support, 5-10pm daily).....	800-921-0359
Young Adult Warmline (Mon-Sun 12-9 pm).....	855-6HOPENOW
Homeless Outreach Team (HOT).....	203-579-7300
Domestic Violence Crisis Center Hotline.....	888-774-2900
Sexual Assault Hotline.....	888-999-5545

General Information

Don't know how to start? Call 211 first! Option 1=crisis; Option 3=shelter, food, more
 CT Behavioral Health Partnership (for Medicaid population)..... 877-552-8247
 CT Clearinghouse..... ctclearinghouse.org
 CT Latino Behavioral Health System..... 203-974-5805
 Network of Care Behavioral Health..... connecticut.networkofcare.org

Legal:

Immigrant Legal Advice Hotline.....	800-798-0671
Statewide Legal Services of CT.....	800-453-3320

State Agencies:

CT Works - Department of Labor.....	203-353-1702
Department of Children and Families (DCF).....	203-384-5300
Department of Developmental Services (DDS).....	866-737-0330
Department of Education (SDE).....	860-713-6543
Department of Mental Health & Addiction Services (DMHAS).....	800-446-7348
Department of Rehabilitation Services (DORS, BRS).....	203-551-5500
Department of Social Services (DSS).....	855-626-6632

Regional Agencies:

Greater Bpt Community Mental Health (SW CT Mental Health Sys).....	203-579-7300
RYASAP (Regional Youth-Adult Social Action Partnership).....	203-579-2727
Southwestern CT Agency on Aging (SWCAA).....	203-333-9288
Southwest Regional Mental Health Board.....	203-840-1187

Guide courtesy of Southwest Regional Mental Health Board,
 Call 203-840-1187 or download copies at www.HealthyMindsCT.org