

Community Resource Directory



for Fairfield Seniors and People with Disabilities



Published by the Department of Human Services Town of Fairfield
Bigelow Center for Senior Activities
100 Mona Terrace
Fairfield, CT 06824
203-256-3166
Third Edition, August 2018

Community Resource Directory

Emergency Phone Numbers/ Alphabetical

Dial 911 for Emergency Medical & Fire Services

- **American Foundation for Suicide Prevention:**
<https://.afsp.org>
- **Aquarion/Water Emergency:** (203)445-7310
200 Monroe Turnpike, Monroe, CT 06468
- **Bridgeport Hospital:** (203)384-3000
267 Grant St, Bridgeport, CT 06610
- **Crisis Helpline:** 211
Confidential, judgment-free, cost-free resource to aid women, men, teens and children who find themselves in situations of emotional and physical abuse or who need help getting out of dangerous or threatening living situations.
- **Department of Children & Families/Child Abuse and Neglect Careline:**
1-800-842-2288
(The careline operates **24 hours a day and seven days a week**. Anyone who suspects that a child has been abused or neglected or is in danger of abuse or neglect is strongly encouraged to call the careline)
- **Domestic Violence Statewide Hotline:** 1-888-774-2900
- **Gas Leaks/ Southern CT Gas:** 1-800-512-8898
(*In the event of an outage, leak, service interruption or other emergency, please call your local utility directly. If the emergency presents immediate danger, please call 911.)
- **Health Department:** (203)256-3020
725 Old Post Road, Fairfield, CT 06824
- **Non-emergency Fire:** (203)254-4700
140 Reef Road, Fairfield, CT 06824
<http://www.fdfairfield.com>
- **Non-emergency Police:** (203)254-4800
100 Reef Road, Fairfield, CT 06824
<http://fpdct.com>

- **Power Outages:** 1-800-722-5584; 140 Reef Road, Fairfield, CT 06824 (*In the event of an outage, leak, service interruption or other emergency, please call your local utility directly. If the emergency presents immediate danger, please call 911.)
- **Poison Control:** (800)222-1222
www.poison.org
- **Protective Services for The Elderly (PSE): Local-1-888-385-4225**
Out of CT- 1-800-203-1234
The PSE program-designed to safeguard people **60 years and older** from physical, mental and emotional abuse, neglect, including self-neglect, abandonment and/or financial exploitation
<http://portal.ct.gov/DSS/Social-Work-Services/Social-Work-Services/Related-Resources>
- **Storm/Disaster Info Line:** (203)254-4899
140 Reef Road, Fairfield, CT 06824
www.fdfairfield.com
- **St Vincent's Hospital:** (203)576-6000
2800 Main Street, Bridgeport, CT 06606
www.stvincents.org
- **Suicide Prevention Lifeline:** 1-800-273-8255
24/7 Free, Confidential Support
<https://suicidepreventionlifeline.org/>
- **Veterans Crisis Line:** 1-800-273-TALK
1-800-273-8255 Option # 1

Adult Day Care

Community based programs designed to meet the needs of cognitively and physically impaired adults through a structured, comprehensive program.

- **Elderhouse:** (203)847-1998
7 Lewis Street, Norwalk, CT 06851
www.elderhouse.org
(Personal care & bathing offered, Memory Program and Transportation offered)
- **Grasmere on the Park:** (203)365-6470
4200 Park Ave., Bridgeport, Fairfield, CT 06824
(Personal care & bathing offered, Memory Program and Transportation offered)
- **Kennedy Center, Senior Options:** (203)372-2111
30 Lindeman Drive, Suite #5, Trumbull, CT 06611
(Services older adults with disabilities, Arts & Fitness Programs, Transportation offered)
- **Park City Adult Day Care:** (203)335-1001
55 Chapel Street, Bridgeport, CT 06604
(Spanish Speaking programs, Personal care & Bathing & Transportation offered)
- **Sunset Shores Adult Day Care:** (203)380-1228
720 Barnum Avenue Cutoff (Route 1), Stratford, CT 06614
www.cteldercare.com
(Spanish Speaking programs, Personal care & Bathing & Transportation offered)
- **St Joseph's Center Adult Day Care:** (203)268-6204
6448 Main Street, Trumbull, CT 06611
(Specialize in disabilities, Memory Programs, Personal Care offered)
- **Waveny Care Center:** (203)594-5200
3 Farm Road, New Canaan, CT 06840
(Personal care & bathing offered, Rehabilitative Therapy& Transportation offered)

Assistance Programs

Please reach out to the Fairfield Social Services Department for more information and assistance with applying for the following programs. 203-256-3170

- **Access Health CT:** 1-855-909-2428
(Access Health CT is Connecticut's official health insurance marketplace. It offers Connecticut residents and small employers a range of qualified health coverage options. Individuals, families and small businesses can get financial help with their health care coverage costs if they qualify. There is an open enrollment period each year. You can use this call center to see if you are eligible for either a Qualified Health Plan or Husky)
www.accesshealthct.com

- **Aquarion Customer Assistance Program:** (800 732-9678
(Program to assist eligible customers who are having difficulty paying their water bills. Each year, the first 1,000 customers who qualify can get a one-time voucher for \$50).
<http://www.aquarion.com/CT/CustomerAssistanceProgram>

- **Community Closet at LifeBridge Community Services:** (203)368-5624
475 Clinton Ave, Bridgeport CT 06605
(Serves the needy of Greater Bridgeport by offering gently used clothing for men, women, and children, housewares, small appliances, disposable diapers, and other basic needs items free of charge. The Community Closet shopping hours are Monday and Wednesday 9am-2pm, Tuesday and Thursday 12pm-3pm and the first Wednesday of each month 4pm-6pm. **Donations will only be accepted on Tuesday and Thursday 9am-12pm and Friday 9am-3pm.**)

- **Connecticut Alzheimer's Respite Program:** (SW Region) (203)333-9288
(The program offers families caring for an individual with Alzheimer's or dementia up to a maximum of \$7,500 a year in respite services, (based on available funding). Respite care services include, but are not limited to: adult day care, home health aide, homemaker, companion, skilled nursing care or short-term nursing care.)
<http://www.swcaa.org/caregiver-resources/ct-state-respite-program/>

- **Connecticut Energy Assistance Program:** Through- Action for Bridgeport Community Development, Inc. (Bridgeport area): (203)384-6904
(Fairfield Social Services Department is an Intake site for Fairfield Residents. Call 203-256-3170 for info and appointments. Winter heating assistance pays for a household's primary heating source such as oil, natural gas, electricity, propane, kerosene, coal, wood and wood pellets on behalf of eligible households. The amount of heat assistance may not be sufficient to cover a household's entire winter heating cost. Homeowners and renters may apply.)
<http://www.ct.gov/dss/cwp/view.asp?a=2353&Q=305194>

- **Connecticut Homecare Program for Elders:** (SW region) (203)333-9288
 (A client-centered home care program which is designed to enable individuals at risk for institutionalization the option of remaining in the community safely in the least restrictive environment possible. Income and Asset limits apply. Call or see link for details.)
<http://www.swcaa.org/ct-homecare-program/>
- **Hope Dispensary of Greater Bridgeport:** (203)332-5653
 Department of Health Building
 752 East Main Street, #170
 Bridgeport, CT 06608
 (Is a charitable pharmacy dedicated to serving low-income and uninsured individuals in the Bridgeport community. A member of the national Dispensary of Hope Network, Hope Dispensary of Greater Bridgeport provides short-term and long-term medication assistance to eligible patients. A licensed pharmacist and trained personnel are available to help you obtain the medicines you need.)
<http://www.hopedispensarybridgeport.org>
- **Husky Health Program:** 1-877-284-8759
 (HUSKY Health offers coverage to eligible children, parents, relative caregivers, elders, individuals with disabilities, adults without dependent children, and pregnant women. Income and Asset Limits. Please call or see link)
<http://www.ct.gov/hh/cwp/view.asp?a=3573&q=421548>
- **Matching Payment Program:** Electric Customers: 1-800-286-2828
 Gas Customers: 1-800-438-2278
 (Eversource, through the Matching Payment Program, will match your payments once you are approved for and receive energy assistance from [Connecticut Energy Assistance Program \(CEAP\)](#). For every dollar you pay toward your bill, a dollar will be credited to your past-due amount.)
<https://www.eversource.com/Content/ct-c/residential/programs-services/financial-assistance/matching-payment-program>
- **Medicare Savings Program:** 1-800-994-9422
 (There are three Medicare Savings Programs that help eligible individuals pay for Medicare part B premiums. Income Limits apply. Call or See link for details)
www.ctgov/medicaresavings
- **National Family Caregivers Program:** (SW Region) (203)333-9288
 (NFCSP is a federally-funded Program under the Older Americans Act. The program offers a variety of support services to family caregivers, and/or older individuals who are relative caregivers to anyone over the age of 60. NFSCP provides temporary relief (respite) to the primary caregiver. There is a 20% suggested donation for the services provided)
<http://www.swcaa.org/caregiver-resources/natl-family-caregiver-prgrm/>

- **New Start Program:** 1-800-286-2828
 (Eversource will review your account billing history and set a monthly budget payment based on the average of your regular monthly bill. You will need to pay this amount on-time each month to remain in the program and continue to receive year-round electric service. When you make your New Start monthly payment, a portion of your past due balance will be eliminated, or “forgiven”, thus reducing the amount you owe.)
<https://www.eversource.com/Content/ct-c/residential/programs-services/financial-assistance/nu-start>
- **Operation Fuel:** Applications taken for Fairfield residents at the Fairfield Social Services Office: (203)256-3170
 (Provides crisis funding for heating. Call for Income and Asset limits)
- **Renter’s Rebate for Elderly/Disabled Renters:** CT Hotline- (860)418-6377
 (State law provides a reimbursement program for Connecticut renters who are elderly or totally disabled, and whose incomes do not exceed certain limits. Persons renting an apartment or room, or living in cooperative housing or a mobile home may be eligible for this program. Renters' rebates can be up to \$900 for married couples and \$700 for single persons. The renters' rebate amount is based on a graduated income scale and the amount of rent and utility payments (excluding telephone) made in the calendar year prior to the year in which the renter applies. Application may be made at the town Assessor's Office, between April 1st and October 1st.)
- **Senior/Disable Tax Relief:** Tax Assessor-Town of Fairfield: (203)256-3110
 (State and local laws provide real property tax relief programs for Fairfield residents who are age 65 and over or totally disabled and whose annual incomes and assets are within specified limits. These programs are designed to help seniors and the totally disabled remain in the homes and town they improved over the years.)
<http://www.fairfieldct.org/content/10726/11012/13472.aspx>
- **Special Supplemental Nutrition Program for Women, Infants and Children, (better known as the WIC Program):** 1-800-741-2142
 (Provides healthcare referrals, nutrition education, breastfeeding promotion and support, and supplemental foods. Call for income guidelines)
http://www.ct.gov/dph/cwp/view.asp?a=3137&q=395460&dphNav_GID=1862&dphPNavCtr=#48077
- **State Administered General Assistance:** 1-855-626-6632
 (Through the SAGA Cash Assistance program, the Department provides cash assistance to individuals who are unable to work for medical or other prescribed reasons, and to families that do not meet the blood-relationship requirements of the Temporary Family Assistance (TFA) program. Employable individuals are not eligible for SAGA cash assistance.)
<http://www.ct.gov/dss/cwp/view.asp?a=2353&q=305152#SAG>

- **State Supplement Cash Assistance:** 1-855-626-6632
 (The State Supplement Cash Assistance program provides **cash assistance to the Aged, Blind, or Disabled** to supplement their income and maintain them at a standard of living established by the State Legislature. In order to receive benefits, individuals must have another source of income such as Social Security, Supplemental Security Income, or Veterans' benefits. To qualify as aged, an individual must be 65 years of age or older; to qualify as disabled, an individual must be between the ages of 18 and 65 and meet the disability criteria of the federal Social Security Disability Insurance program)
<http://www.ct.gov/dss/cwp/view.asp?a=2353&q=305152#SAG>
- **Supplemental Nutrition Assistance Program:** 211
 (The Supplemental Nutrition Assistance Program (SNAP), formerly known as Food Stamps, helps eligible individuals and families afford the cost of food at supermarkets, grocery stores and farmers' markets. Income and Asset Limits Apply. Call or see link for details.)
<http://www.ct.gov/dss/cwp/view.asp?a=2353&q=411676>
- **Temporary Assistance for Needy Families:** 1-855-626-6632
 (Provides monthly cash and employment assistance to eligible families to support basic needs such as food, shelter and clothing. Please call or follow link to see Income and Eligibility Requirements)
<http://www.ct.gov/dss/cwp/view.asp?a=2353&q=305152#SAG>
- **Winter Protection Plan:** 1-800-286-2828
 (Eligible electric and gas customers who lack the resources to pay their electric or gas bill may receive protection from service shut-off from November 1st through May 1st with no late payment charges)
<https://www.eversource.com/Content/ct-c/residential/programs-services/financial-assistance/shutoff-protection>

Disability Resources

- **Access Independence:** (203)378-6977
80 Ferry Boulevard, Stratford CT 06615
(Offers Disability assistance programs such as their Safe Harbor Program and Assistive Technology Program. Call or see link for details.)
<http://accessinct.org/>
- **Adaptive Recreation through Town of Fairfield Parks & Recreation:** Any questions regarding the Adaptive Recreation programs can be addressed to Kathy Morehouse: kmorehouse@fairfield.k12.ct.us
(Fun and nurturing program for children and adults with special needs.)
<http://www.fairfieldct.org/content/2765/2777/3316/default.aspx>
- **The Bureau of Rehabilitation Services:** (203)551-5500
Administrative Office: 1057 Broad Street, Bridgeport, CT 06604
(The Bureau of Rehabilitative Services consists of The Vocational Rehabilitative Program and The Independent Living Program. Under the Vocational Rehabilitative Program, The Bureau of Rehabilitation Services (BRS) provides vocational rehabilitation (VR) services to assist Connecticut residents with significant disabilities to find and keep employment. The Independent Living Program is a statewide funding program designed to modify housing for people with physical disabilities.)
<http://www.ct.gov/brs/cwp/view.asp?a=3890&q=456864>
- **Community First Choice Program: 211**
(Community First Choice (CFC) is a new program in Connecticut offered to active Medicaid members as part of the Affordable Care Act. This program allows individuals to receive supports and services in their home. These services can include—but are not limited to—help preparing meals and doing household chores, and assistance with activities of daily living (bathing, dressing, transferring, etc.). Educational services will be available to help you increase your independence, and learn how to manage your in-home staff.)
<https://ctmfp.com/>
- **State of Connecticut Department of Developmental Services: Help Line: 1-877-437-4567**
(Each of the DDS Regions have established a Help Line to assist families who do not have a case manager to help access services. Help Line staff will assist you to apply for DDS Family Support Services or refer you to appropriate community resources and services)

- **Disability Resource Network:** (203)873-0743
 340 Capitol Avenue, Bridgeport CT 06604
 (Offers day programs and support programs to individuals 21 years of age and older with special needs)
<http://www.disability-resource.org>
- **Easterseals serving Coastal Fairfield County:** (203)388-2192
 733 Summer Street, Suite 104, Stamford CT 06901
 (Respite & Self- Advocacy Programs, Autism Evaluation & Treatment Services)
<http://www.easterseals.com/cfc/who-we-are/>
- **Greater Bridgeport Transport- Access Program:** (203)579-7777
 (The service area (the area that the Access buses serve) includes the area $\frac{3}{4}$ of a mile around all GBT city bus routes. This generally includes all of Bridgeport and portions of Fairfield, Stratford, and Trumbull. There is also limited service to parts of Milford, Monroe, Shelton, Derby, Westport and Norwalk. The service area is planned this way to ensure that riders with disabilities have access to the same geographic areas as riders on the city buses and is an ADA requirement. Please call or visit link for fares)
<http://gogbt.com/rider-information/riders-with-disabilities>
- **The Kennedy Center:** (203)365-8522
 2440 Reservoir Avenue, Trumbull CT 06611
 (Provides a variety of services and programs to individuals with disabilities. Call or see Link for more information)
<http://www.thekennedycenterinc.org/index.html>
- **The Pilot House:** (203)292-8452
 240 Colony Street Fairfield, CT 06824
 (A community center that provides programs social programs, life skills, therapeutic services and support to serve the diverse needs of children, young adults and adults with special needs.)
<https://www.thepilothouse.org/>

Food Resources

- **Fresh Connections (A LifeBridge Community Service Program):** (203)368-5523
(A new program that provides affordable, fresh fruit and vegetables to individuals. The fresh produce is purchased in bulk, packaged into pre-ordered boxes and delivered twice a month to conveniently located distribution centers to distribution sites in Bridgeport. Receive pre-selected fruits (3-4 types) and vegetables (3-4 types), Produce varies depending on seasonable availability and pricing,\$10 box (10-12 pounds of produce) serves 2-3 people\$20 box (20-25 pounds of produce) serves 4 or more people. Call for site locations)
- **Fresh Start Food Pantry:** (203)545-5325
600 Hallett Street, Bridgeport CT 06608
(Open 2nd and 4th Saturday and Sunday of each month from 830am-930am)
- **Meals on Wheels Program:** (203)332-3264 * For Fairfield Seniors. (Prepared meals delivered to a person's home **for seniors who are unable to prepare or obtain nourishing meals on their own.** Home-delivered meal programs provide one or two meals a day and can be obtained anywhere from one to seven days per week depending on the program. These programs can be private or federally funded and costs vary from program to program. Please call program directly for costs and specific dietary meals offered.)
- **Mobile Food Pantries:** (203)741-9751
(United Way of Western Connecticut, in partnership with Connecticut Food Bank, will distribute a variety of FREE fresh food to individuals who are ALICE- (Asset Limited, Income Constrained, Employed) in mobile food pantries held monthly. Call or visit link for more details.)
<http://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/>
- **Operation Hope- Community Kitchen**
50 Nichols Street, Fairfield CT 06824
(Open 7 days a week. Lunch is served between 11:30am -1:30pm. Dinner is served between 5:30pm- 6:30pm)
- **Operation Hope- Food Pantry**
636 Old Post Road, Fairfield CT 06824
(Must be a Fairfield resident and provide proof of residence, can go 2x a month
Hours are- MWF 10am-12pm Thursday 4pm-6pm.)

Housing

- **The Fairfield Housing Authority:** (203)366-6578
15 Pine Tree Lane, Fairfield, CT 06825-3600
(To provide decent, safe and sanitary housing to all participants on the HCV Section 8 and Senior / Disabled Housing Programs. Individuals can call this number to inquire about waitlists/applications or more information for senior/disabled housing)
- **Foreclosure Assistance Hotline:** 1-877-472-8313
(For advice and guidance regarding mortgage issues and foreclosure cases. Open Monday-Friday 8:00 a.m. to 5:00 p.m. You can leave a message after hours and your call will be returned within two business days.)
- **HUD Approved Housing Counselor:** 1-800-569-4287
(The [U.S. Department of Housing and Urban Development \(HUD\)](#) maintains a list of approved housing counselors who give free advice regarding your financial information and can work with your mortgage lender. Some of these agencies are also approved by the Connecticut Housing Finance Authority (CHFA) to discuss the Emergency Mortgage Assistance Program (EMAP) and are trained in handling government loans as well as “conventional” loans. Counselors can: Assist in identifying solutions to your financial issues; review your budget; negotiate with your mortgage company to address issues, including federal and CHFA programs., Assist in preparing for the Judicial Foreclosure Mediation Program.)
- **United Way of Connecticut-Housing Choice Voucher Program**
<http://www.cthcvp.org/>
(Individuals can use this web site to locate open Housing Choice Voucher waiting lists throughout Connecticut. Individuals can also register to receive automatic notice of the opening of Housing Choice Voucher waiting lists whenever they occur.)

Emergency Shelter

If you need emergency shelter and you are a single woman, a single man or a family,

Call 211 – (INFOLINE) . . . and press #3

or go online to: www.211ct.org

(You will be connected to a CAN Navigator and be asked to conduct an in person interview at one of Fairfield County’s intake sites and then placed on a waitlist for emergency shelter.)

- **Bridgeport Rescue Mission:** (203)333-4087
1088 Fairfield Ave, Bridgeport, CT 06605

Emergency Shelter for men and women-Men: 203-331-8982 x100. Women: 203-540-5449. Guest House for Women & Children (Children under 8 years old): 203-908-3955

(Emergency housing that is not affiliated with 2-1-1 shelter placement. Individuals need to call to put their name/information on list and get to Rescue Mission location by 6:30pm to see if there is a shelter bed available, as it operates on a first come first serve basis)

- **Malta House:** (203)857-0088
5 Prowitt Street, East Norwalk, CT 06855
(Malta House is the only home for pregnant women above the age of 18 in Fairfield County, and one of a limited number of programs for young homeless mothers and their babies.)

Homeowner Assistance Programs

- **Handyman Program** (through the Town of Fairfield Office of Community & Economic Development): (203)256-3120
Old Town Hall, 611 Old Post Road, Fairfield, CT 06824

(*For Fairfield Residents Only* This program is intended to assist very low-income homeowners with minor maintenance and repairs to their primary place of residence. For qualified homeowners, the Town will pay the cost of all labor associated with the desired repairs, up to a maximum of eight (8) hours per project. The homeowner is responsible solely for the cost of any materials. To be eligible for assistance under this program, applicants must meet the income guidelines for a very low-income household. Call or visit link for Details

- **Residential Rehab Program for Homeowners** (through the Town of Fairfield Office of Community & Economic Development): (203)256-3120
Old Town Hall, 611 Old Post Road, Fairfield, CT 06824

(Fairfield's Neighborhood Revitalization Program helps preserve and enhance the town's affordable housing stock. Eligible Fairfield homeowners may qualify for special no-interest loans to pay for improvements and repair. Projects covered include those that improve home condition, prevent or correct physical deterioration, conserve energy, and/or correct code violations. The program does not cover costs for additions or improvements to garages, sheds or outbuildings, or for interior painting/decorating, cosmetic improvements, landscaping or the purchase/installation of anything not considered an integral fixture of the property. These loans, which are recorded as liens on the property, are repaid when the owner sells and/or transfers the property, refinances, or dies. To be eligible for assistance under this program, applicants must meet the HUD income guidelines for a low-income household)

- **WestBridge Inc.:** (203)255-6664
(Westbridge, Inc. is a Connecticut Non-Profit Corporation. The volunteers who form the core of Westbridge have been working together for over 8 years, completing over 70 repair and renovation projects for homeowners, churches and other charitable organizations. Individual volunteers come from varied backgrounds including carpenters,

builders, business owners and executives, attorneys, police officers, homemakers and retirees. The one thing they share in common is the desire to help those in need of their assistance, and the fun they have working together)

<http://www.westbridgeinc.org>

Elderly/Disabled Housing Directory

- **Berger Building:** (718)229-8887
1838 Black Rock Turnpike, Fairfield, CT 06825
(62 years old and older or Disabled, 26 units: 16 efficiencies/10 - One Bedroom units.
Rent is \$800 for Efficiencies & \$850 for One bedroom.)
- **Bishop Curtis Homes of Fairfield:** (203)374-5346
1677 Post Road, Fairfield, CT 06824
(62 or older or Social Security Disabled, Rent is 30% of income (including utilities),
Income guidelines are \$29,650 single and \$33,900 for couple)
- **Durrell Drive:** (203)270-9123
Durrell Drive, Fairfield, CT 06824
(Four – Two Bedroom units, HUD income guidelines, Rent is \$930 plus utilities)
- **Grasmere Avenue:** (203)581-0286
124-128 Grasmere Avenue, Fairfield, CT 06824
(4 – One Bedroom Units, 62 or older/Social Security Disabled or Section 8, Income
cannot exceed \$40,000 per year, Rent is 1,000 per month.)
- **Greenfield Commons:** (203)672-0225
580 Villa Ave., Fairfield, CT 06824
<http://www.mhaswct.org/fairfield-ct.html>
- **Parish Court:** (203)333-4912
175 Warde Terrace, Fairfield, CT 06825
(100 units: 40 subsidized efficiencies/37 subsidized/23 market value/6 Adapted Units,
62 or older or Social Security Disabled- 18 and older, Income Guidelines – Efficiencies/
Single - \$45,100 and Couple - \$51,550)
- **Pine Tree Lane:** (203)366-6578
15 Pine Tree Lane, Fairfield, CT 06825
(Managed by Fairfield Housing Authority. 62 or older or Social Security Disabled, Est.
time of waitlist 2 1/2 years – Est. rent is 30% of income, Income guidelines – 30,800
single/35,200 couple.)

- **Sullivan-McKinney Elder Housing:** (203)259-1991
224 Meadowbrook Road, Fairfield, CT 06824
(40 units: 26 efficiencies/ 14 One Bedroom units; waiting list, 62 or older or Social Security Disabled, Income Guidelines: Single -\$30,800 and Couple - \$35,200)
- **Trefoil Court:** (203)366-6578
20 Trefoil Court, Fairfield, CT 06825
(Managed by Fairfield Housing Authority, 30 units: 22 efficiencies/ 8 - One Bedroom units, 62 or older of Social Security Disabled, Est. time of waitlist 2 1/2 years – Est. rent is 30% of income, Income guidelines – 30,800 single/35,200 couple.)

Integrated Refugee & Immigrant services

- **American Immigration Lawyers Association:** <http://www.aila.org/>
(Online website to search for a lawyer who is a part of the American Immigrations Lawyers Association. Fees and availability will vary based on the individual)
- **Apostle Immigrant Services:** (203)752-9068
81 Saltonstall Avenue, New Haven CT 06513
(Assists with applications for permanent residence for asylees, refugees and family members, Petitions for family members, Citizenship, U visas and VAWA cases for victims of domestic violence, Green card renewals, Employment Authorization, Deferred Action for Childhood Arrivals. To obtain an immigration consult call the 4th Monday of the month)
<http://www.apostleimmigrantservices.org/>
- **Center for Children’s Advocacy:** (203)335-0719
Bridgeport Office: 211 State Street, Bridgeport, CT 06604
(Advocates that assist in fighting for legal rights with state’s most vulnerable children. Key areas include helping Abused and Neglected Children, Improving Child Health, Improving Educational Success, Preventing Truancy and Reducing Involvement with the Juvenile Justice System , Generating System Reform, Improving Knowledge and Skills of Attorneys, Child Welfare Professionals, Law Students, Parents and Youth. The Center for Children’s Advocacy helps at-risk children avoid deportation to a dangerous environment, and helps traumatized children get the support they need to learn English and succeed in school.)
<https://cca-ct.org/>

- **Connecticut Institute for Refugees and Immigrants:** (203)336-0141
 670 Clinton Avenue, Bridgeport CT 06605
 (The Connecticut Institute for Refugees and Immigrants (CIRI) is a statewide nonprofit organization that assists refugees and immigrants resolve legal, economic, linguistic and social barriers so that they become self-sufficient, integrated and contributing members of the community.)
<https://cirict.org/>
- **IRIS- Integrated Refugee & Immigrant Services:** (203)562-2095
 235 Nicoll Street, 2nd Floor, New Haven, CT 06511
 (IRIS is a non-sectarian, independent nonprofit refugee resettlement agency that has welcomed more than 5,000 refugees to Connecticut since 1982.)
<http://www.irisct.org>

Mental Health and Supportive Services

Counseling Services

- **Jewish Family Service of Connecticut:** (203)299-1315
 325 Reef Road, Fairfield CT 06824
 (Counseling offered for Children, Adults & Seniors)
<http://www.jfsct.org/>
- **Koslow Center for Marriage & Family Therapy-Fairfield University:**
 (203)254-4000, Ext. 2306
 1073 North Benson Road, Southwell Hall, Fairfield CT 06824
 (Advanced graduate students, under the supervision of professional faculty and supervisors, provide clinical services to individuals, couples, and families from the community. Sliding scale fee.)
<https://www.fairfield.edu/graduate/academics/graduate-school-of-education-and-allied-professions/the-koslow-center/>
- **LifeBridge/Fairfield Counseling Services:** (203)255-5777
 125 Penfield Road, Fairfield CT 06824
 (April 2016, LifeBridge merged with **Fairfield Counseling Services Inc.** Both organizations share a commitment to providing a comprehensive range of high-quality behavioral health services for adults, adolescents, and families)
<http://www.lifebridgect.org/>

- **Mid-Fairfield Child Guidance:** (203)299-1315
100 East Ave, Norwalk CT 06851
(Offers counseling & programs to help children with mental and behavioral health needs achieve emotional stability, academic success and happy productive lives.)
<http://childguidancemfct.org/>
- **Optimus Healthcare:** (203)696-3260
Bridgeport & Stamford Locations. Call or see site for details.
(Counseling & Substance Abuse Relapse & Prevention services offered)
- **Southwest Community Health Center:** (203)330-6000
Multiple locations in Bridgeport. Call or see site for details.
(Mental health services offered include psychiatric evaluation, treatment and therapy for adults and children. Highly qualified clinicians offer individual and family counseling, group therapy and anger management. A wide array of social services, including patient advocacy, entitlement program enrollment and case management are offered.)
<http://www.swchc.org/>
- **St. Vincent's Behavioral Health Services:** (203)227-1251
Bridgeport, Norwalk & Westport Locations. Call or see site for details.
(Offers counseling and supportive services in both an inpatient and outpatient setting. Services offered to children & adults)

Substance Abuse Support Groups:

For more support group information please dial 211

- **Alcoholics Anonymous:** (212)870-3400
(Focuses on the recovery from alcoholism. Call or see link to find a local meeting)
www.ct-aa.org/find-a-meeting
- **Al-Anon Family Groups:** 1-888-825-2666
(Anyone who has been affected by someone else's drinking in the past or present is welcome at any AL-ANON meeting)
www.ctalanon.org
- **C.A.R.E.S:** 1-855-406-0246
(Provides education, support resources and hope for communities, families and individuals struggling with substance abuse and addiction. Call above helpline to inquire about local support groups.)
www.thecaresgroup.org

- **Narcotics Anonymous:** 1-800-627-3543
(A support group for those recovering from drug addiction. This is a program of complete abstinence from all drugs. Call or visit link to find local support groups)

Support Groups

- **Alzheimer's Association- CT Chapter:** 1-800-272-3900
(Follow link or call above help line to get information on local support groups)
http://www.alz.org/ct/in_my_community_support.asp
- **Center for HOPE, Family Centers Darien:** (203)655-0547
590 Post Road, Darien CT 06820
(Offers Parent Bereavement Groups, Miscarriage and Infant-Loss Support Groups, The Den for Grieving Kids)
- **Connecticut Problem Gambling Helpline:** 1-888-789-7777
- **GriefShare at First Presbyterian Church Fairfield:** (203)374-6176
2475 Easton Turnpike, Fairfield CT 06825
(Nondenominational support group that uses biblical concepts for healing from your grief. Call for schedule)
www.griefshare.org
- **The Bigelow Center for Senior Activities:** (203)256-3166
100 Mona Terrace, Fairfield CT 06824
(Offering caregivers support group, bereavement support group and Low-Vision support group at no charge. Call for times and start dates)
- **The Compassionate Friends:** (475)882-9695
2283 Main Street, Stratford CT 06615
(The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.)
<http://www.tcfbridgeport.org>
- **The Norma Pfriem Breast Care Center's Breast Cancer Support Group:**
(203)255-5300
111 Beach Road, Fairfield CT 0682
(Regularly offer support groups for the following: Women in treatment for breast cancer, Women in post-treatment for breast cancer, BRCA+, Living with metastatic disease, Groups for children and teens. Call for details)

- **Visiting Nurse & Hospice of Fairfield County:** (203)761-8889
761 Main Avenue, Norwalk, CT 06851
(Offers grief and bereavement support groups at no charge. Please call for schedule of workshops and support groups)

Supportive Services

- **Bridge House:** (203)335-5339
880 Fairfield Ave, Bridgeport, CT 06605
(Bridge House empowers adults living with persistent mental illness to improve their quality of life. Membership is free of charge and participation is always voluntary. Bridge House has been designated an evidence-based model of psycho-social rehabilitation by the Substance Abuse and Mental Health Services Administration (SAMHSA).
<http://www.bridgehousect.org/>)
- **Connecticut Department of Mental Health & Addiction Services:** (860)418-6962
(The Connecticut Department of Mental Health and Addiction Services is a health care agency whose mission is to promote the overall health and wellness of persons with behavioral health needs through an integrated network of holistic, comprehensive, effective, and efficient services and supports that foster dignity, respect, and self-sufficiency in those we serve. Call or visit link to see programs/services that are offered throughout the state of Connecticut)
<http://www.ct.gov/dmhas/cwp/view.asp?a=2902&q=335208&dmhasNav=1>)
- **Fairfield Social Services:** (203)256-3170
100 Mona Terrace, Fairfield CT 06824
(Providing social services to Fairfield residents including advocacy, case management, short-term counseling, crisis intervention, municipal agent for veterans and their families, emergency assistance to prevent homelessness and screening for other assistance programs)
<http://www.fairfieldct.org/socialservices>)
- **The Center for Family Justice:** (203)334-6154
735 Fairfield Ave, Bridgeport CT 06604 –Main Location
100 Mona Terrace, Fairfield CT 06824- Satellite Office call Main Number for hours.
(Provides free and confidential trauma-informed services and coordinates care for all men, women and children of any age, race and gender impacted by domestic violence, sexual assault and child abuse)
<https://centerforfamilyjustice.org/>)
- **Mental Health Waiver:** 1-866-548-0265
(This waiver program for individuals with serious mental illness encompasses the recovery orientation adopted by the Department of Mental Health and Addiction Services (DMHAS), but also signals new directions in the community treatment of people with

serious psychiatric disabilities because of its emphasis on: Intensive psychiatric rehabilitation provided in the participant's home, and in other community setting; Attention to both psychiatric and medical needs; Emphasis on wellness and recovery; Person-Centered Planning leading to development of an individualized Recovery Plan; and Use of peer supports provided by people trained and certified in rehabilitative care, who know from first-hand experience about recovery from mental illness.)

<http://www.ct.gov/dmhas/cwp/view.asp?a=2902&q=423430>

- **NAMI-Fairfield:** (860)882-0236
(National Alliance on Mental Illness serves and provides support for those suffering from the various forms of mental illness. It also serves and provides support for those who have a family member or friend suffering from such an illness. Offers support groups, educational programs and advocacy opportunities)
<http://www.namifairfield.org/>

Education

- **Connecticut Birth to Three System:** 1-800-505-7000
(Offers a statewide early intervention system for infants and toddlers with significant developmental delays or disabilities who are under 3 years old.)
www.birth23.org
- **Elderhostel/Road Scholar:** 1-800-454-5768
(Road scholar inspires adults to learn, discover and travel. Ages 50 and older. Financial assistance offered)
www.roadscholar.org
- **Fairfield Continuing Education:** (203)255-8277
www.fairfieldcontinuinged.com
- **Fairfield Board of Education:** (203)255-8277
501 Kings Highway East, Fairfield CT 06825
<http://fairfieldschools.org/>
- **Fairfield University:** (203)254-4000
1072 North Benson Road, Fairfield CT 06824
(*Learning for a Lifetime Program- offered to individuals 55 years of age and older. Call or see link for more details)
<https://www.fairfield.edu/>
- **Housatonic Community College:** (203)322-5000
900 Lafayette Blvd, Bridgeport, CT 06604
(*waivers of tuition and fees available for Senior Citizens, Qualified Veterans and the Children of Certain Servicemen. Call or see link for details)
<http://housatonic.edu/>

- **Lifelong Learners Program at The Bigelow Center for Senior Activities:**
(203)256-3166
100 Mona Terrace, Fairfield CT 06824
(*The Fairfield Senior Center, in cooperation with Sacred Heart University and in affiliation with the Elderhostel Network, is pleased to present Lifelong Learners. Lifelong Learners is a not-for-profit, community-based membership organization of those who share a love of learning. All sessions are held at the Fairfield Senior Center. The tuition is \$20 per course, plus a \$10 registration fee, valid from September through June each year. Scholarships available.)
<http://www.fairfieldct.org/content/10726/11018/14665/23004.aspx>
- **Mercy Learning Center:** (203)334-6699
637 Park Avenue, Bridgeport, CT 06604
(Offers a wide range of literacy and educational programs for low-income females. Also provides assistance with the GED exam and Citizenship exam.)
<http://www.mercylearningcenter.org/>
- **Sacred Heart University:** (203)371-7999
5151 Park Avenue, Fairfield CT 06825
<http://www.sacredheart.edu/>

Employment Resources

- **American Job Centers/Career Resources:** (203)333-5129
2 Lafayette Square, Bridgeport CT 06604
(Provides services to unemployed and underemployed individuals seeking jobs and job search assistance at no cost)
<http://www.ajcswct.com/>
- **Fairfield Public Library:** (203)256-3155
1080 Old Post Road, Fairfield CT 06824
(Use their online tools to help you write a resume, search job postings, explore careers, prepare for an interview, and learn new skills. If you need personalized assistance, stop by the Main Library to speak to one of their Librarians about one-on-one job counseling and many other services the Library offers job seekers)
<http://fairfieldpubliclibrary.org/>
- **Goodwill Career Center:** (203)259-3943
1700 Post Road East, Westport CT 06880
(*Goodwill provides free career counseling and **workshops**, operates **career centers**, holds **job fairs** and GED classes. See link for other CT locations.)
<http://gwct.org/career-centers>

- **Mid- Fairfield County Dress for Success Program:** (203)333-6505
240 Fairfield Avenue, 2nd Floor, Bridgeport CT 06604
(Offers employment programs and provides each client with professional attire to secure employment.)
midfairfieldcounty@dressforsuccess.org
<https://midfairfieldcounty.dressforsuccess.org/>
- **The Workplace: YouthWorks Program:** (203)290-1948
242 Fairfield Avenue, Bridgeport, CT 06604
(*YouthWorks helps local youth ages 16 to 24 choose a career, prepare for the career, and become valuable and self-reliant members of the community. Services offered include: career coaching, occupational training, job search assistance, life management training, entrepreneurial skills and administrative skills. Assistance with the GED exam is also offered.)
cnieves@workplace.org
<http://www.workplace.org/youth/>

Geriatric Assessment

A multidimensional, multidisciplinary assessment designed to evaluate an older person's functional ability, physical health, cognition and mental health and socioenvironmental circumstances.

- **Bridgeport Hospital Geriatric Assessment:** (203)384-3000
267 Grant Street, Bridgeport, CT 06610
- **Brown Geriatric Evaluation Clinic:** (203)594-5311
3 Farm Road, New Canaan, CT 06840
- **Greenwich Hospital Geriatric Services:** (203)863-3000
5 Perryridge Road, Greenwich, CT 06830
- **Griffin Hospital Geriatric Assessment Center:** (203)732-7328
67 Maple Avenue, #1 Derby, CT 06418
<http://www.griffinfacultyphysicians.org/Specialty-Care/Geriatric-Medicine>
- **Jewish Senior Services Institute on Aging:** (203)396-1240
4200 Park Avenue, Bridgeport, CT 06604
- **Yale Geriatric Assessment center:** (203)688-6361
The Adler Center: 874 Howard Ave, New Haven, CT 06519

Legal Services

- **CT Legal Services:** 59 years of age or younger contact: 1-800-453-3320
60 Years or age and older contact: (203)336-3851
(Connecticut Legal Services (CLS) is a not for profit law firm dedicated to improving the lives of low-income people by providing access to justice. They do not handle criminal cases)
<https://ctlegal.org/>
- **Consumer Law Project for Elders:** 1-800-296-1467
(Persons age 60 and older of any income and asset level can call the CLPE Hotline with a consumer problem. CLPE's staff of attorneys and paralegals help older adults with questions and issues surrounding bankruptcy, identity theft, dispute of goods and services to name a few.)
- **Lawyer Referral Service:** (203)562-5750
(There is a \$35 referral fee for most types of cases except personal injury matters and Social Security benefits. This fee is due at the time of referral. The hotline is open Monday through Friday from 9:00 a.m. to 4:30 p.m)
- **Modest Means Reduced Fee Referral Program:** (203)562-5750
(The NHCBA also sponsors a referral program for certain types of family law, landlord/tenant, unemployment compensation and minor criminal cases. There is a \$25 referral fee to use this service. If the individual qualifies under our Financial Guidelines (assets no more than 250% of the Federal Poverty Guidelines), they would be referred to an attorney who has agreed to consult with clients and possibly take the case for a \$60 an hour fee, which is lower than the usual hourly rate in this area. That fee includes a \$500 retainer, which the client would need to provide up front, and which would pay for the first 8 hours or so of legal assistance)

Recreation

- **America the Beautiful:** 1-888-275-8747
(A suite of annual and lifetime passes that provides U.S. citizens and visitors an affordable and convenient way to access Federal recreation lands. Call or see link for pricing)
<https://www.nps.gov/planyourvisit/passes.htm>
- **Bigelow Center for Senior Activities:** (203)256-3166
100 Mona Terrace, Fairfield, CT 06824
(Provides a place for seniors to gather, share a meal, and participate in programs and activities and to receive a number of social and other services- no membership fee/ open to non-Fairfield residents)
www.fairfieldct.org/bigelowcenter

- **Charter Oak Pass:** (860)424-3200
 79 Elm Street, Hartford, CT 06106
 (Provides access to the State Parks and Forests and its available free to CT Residents who are 65 years or age or older)
<http://www.ct.gov/deep/cwp/view.asp?a=2716&q=325090>
- **Fairfield Museum & History Center:** (203)259-1598
 370 Beach Road, Fairfield, CT 06824
 (Offers a variety of events including educational programs and tours as well as summer camps for children)
<http://www.fairfieldhistory.org/>
- **Fairfield Parks and Recreation:** (203)256-3125
 75 Mill Plain Road, Fairfield CT 06824
 (Beach Stickers are distributed through this office)
<http://www.fairfieldct.org/fairfieldrecreation>
- **Fairfield Public Library**
 Main Library: 1080 Old Post Rd. Fairfield, CT 06824 (203)256-3155
 Branch Library: 1147 Fairfield Woods Rd, Fairfield, CT 06825 (203)255-7307
- **Fairfield Theatre Company:** Main: (203)-319-1404, Box Office: (203)259-1036
 70 Sanford Street, Fairfield, CT 06824
- **Fairfield YMCA:** (203)255-2834
 841 Old Post Road, Fairfield, CT 06824
 (Membership fee based off income call or see link for details)
www.cccymca.org
- **Wakeman Boys & Girls Club**
 Southport Clubhouse: (203)259-4805
 385 Center St, Southport, CT 06890
 Wakeman Outreach Ext. at Mckinley: (203)259-4805
 60Thompson St, Fairfield, CT 06825
<https://www.wakemanclub.org/>

Transportation

- **American Cancer Society:** (203)563-1506
28 Richards Avenue, Norwalk, CT 06854
(Call or see link for guidelines)
<https://www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html>
- **Amtrak:** 1-800-872-7245
525 Water Street, Metro North Station, Bridgeport, CT 06604
www.amtrak.com
(*Senior discount offered, call or see link for details)
- **Connecticut Transportation Solutions:** (203)592-7213
440 Chase River Road, Waterbury, CT 06740
(Specialize in all aspects of transporting behaviorally challenged children and adults. Drivers are trained in CPR/First Aid and the safest driving methods. Our service is a safe and reliable way to help you manage the transportation needs of your children)
<https://www.cttransportationsolutions.com/>
- **CT Rides:** 1-877-287-4337
(CTrides helps commuters find the best way to get to work or school and offers information & resources for travel options throughout Connecticut. CTrides offers; carpools, vanpools, bus, train, biking/walking and teleworking solutions)
<http://www.ctrides.com/>
- **Dial-A-Ride:** (203)579-7777
100 Mona Terrace, Fairfield, CT 06824
(Dial-A-Ride supplements the town-provided Senior Center Transportation and the GBTA-provided fixed route buses and the ADA service. Service is available seven days a week. 6:00 AM to 10:00 PM. Applications are available at the Senior Center. There are three target groups of Fairfielders: homebound senior citizens, homebound people with disabilities and veterans.)
http://www.fairfieldct.org/filestorage/10726/11018/14665/17954/26601/Bigelow_Center_Transporation_Guide.pdf
- **Fairfield Public Schools Transportation Office:** (203)255-8385
One Rod Highway, Fairfield, CT 06824
(Handles transportation needs of students in Fairfield Public School district)
- **Fairfield Senior Services Transportation:** (203)256-3168
100 Mona Terrace, Fairfield, CT 06824
(Applications can be picked up at address noted above. The Town of Fairfield provides curb-to-curb bus services to Fairfield residents who are seniors 60 years and older, people with disabilities (all buses are wheelchair lift equipped), and Veterans)
www.fairfieldct.org/bigelowcenter

- **GoGo Grandparent:** 1-855-464-6872
(Ride sharing service for seniors. Call or see link for pricing)
<https://gogograndparent.com/>
- **Greater Bridgeport Transit (GBTA):** (203)333-3031
1 Cross Street, Bridgeport, CT 06610 (Administrative Offices)
710 Water Street, Bridgeport, CT 06610(Station)
- **Handicapped Parking Permit- Dept. of Motor Vehicles:** (860)263-5700
95 Sylvan Avenue, Bridgeport, CT 06606
540 Main Avenue, Norwalk, CT 06851
<http://www.ct.gov/dmv/cwp/view.asp?a=842&q=245452>
- **Metro North:** 1-877-690-5114
165 Unquowa Road, Fairfield, CT 06824
(*Senior discount offered, call or see link for details)
www.mta.info
- **The Bridgeport and Port Jefferson Steamboat Company:** (631)473-0286
1 Ferry Access Road, Bridgeport, CT 06604
(*Senior discount offered, call for fees.)
www.88844ferry.com

Veterans Services

Please reach out to the Fairfield Social Services Department for more information and assistance with applying for the following programs. (203)256-3170

Behavioral Health

- **American Veterans Assistance League:** Mental Health Programs for veterans with mental health and substance abuse problems. (203)586-8978 P.O Box 1231 Southbury CT 06488
- **Coaching into Care:** 888-823-7458. Hours: Monday - Friday 8 a.m. - 8 p.m. EST
(Helps Veterans having difficulty transitioning from combat to home life. Returning home can be a tough adjustment, and loved ones can help. Coaching into Care offers free coaching to help you help your Veteran.)
- **Home Base Program:** (617)724-5202
(Provides clinical care and support services to service members, veterans and family members throughout New England.)
www.homebaseprogram.org
- **Veterans in crisis can call 1-800-273-TALK, (1-800-273-8255) press option #1**

(The hot line is based at the Canandaigua VA Medical Center in New York State and is staffed by mental health professionals. Hotline staff provides immediate help and will link callers to mental health services, including suicide prevention coordinators located at every VA medical center)

- **Veterans Online Chat:** “Chat” live online with a crisis counselor. The online chat service is available 24/7. [Click here](#) and then click on the “Veterans Chat” link. or send a text message to **838255** to receive confidential support 24 hours a day, 7 days a week.

Benefits

- **VA Pension:** Contact Veterans Service Officer: Ramon Agosto at (203)336-2570.
(VA pension is a needs-based benefit for wartime Veterans with limited or no income who are age 65 or older. Those who have a permanent and total non-service-connected disability may also qualify. In addition, Veterans who are housebound or require an aid to perform daily activities may qualify for pension at an increased rate)
- **Veterans Choice Program:** 1-866-606-9198
(Veterans have the option to participate in the VCP as an alternative to treatment at the VA Hospital. Local veterans can participate if they have a service connected disability, or a related illness after discharge, and meet other criteria for eligibility. They must live outside 40 miles of a VAH or are unable to get to a medical appointment within 30 days. The VCP provides quality healthcare to veterans regardless of ability to pay-income is not relative. Veterans participating will not be billed for services and will not lose benefits. Must register with the VA.)
<http://www.va.gov/opa/choiceact> **VA's Caregiver Support Line:** 1-855-260-3274
(Whether you're in need of immediate assistance or have questions about what services you may be eligible for, the caring licensed professionals who answer the support line can: Tell you about the assistance available from VA., Help you access services., Connect you with the Caregiver Support Coordinator at a VA Medical Center near you., Just listen, if that's what you need right now.)
- **Veterans Tax Credit:** Tax Assessor- Town of Fairfield (203)256-3110
<http://www.fairfieldct.org/content/10726/11012/13471.aspx>

Employment

- **Feds Hire Vets:** www.fedshirevets.gov (202)606-7304
- **Hero 2 Hired job portal:** <https://h2h.jobs/>
- **United States Department of Labor: Veterans Employment and Training Service:**
(860)263-6490 <https://www.dol.gov/vets>

Housing Resources

- **Patriot's Landing** (formerly W.R.A.P.) Contact Maria Cheney at (860)616-3801
(Provide transitional housing services to returning service members who served in Iraq and Afghanistan (OEF-OIF-OND). The five houses have now been renovated and updated for occupancy by qualified returning warriors. Located on West Street in Rocky Hill, CT across from the CT Department of Veterans' Affairs main campus, the houses can accommodate up to fifteen (15) residents, with one house reserved for women veterans. All houses are completely furnished, equipped with kitchen supplies, bedding, furniture, washers & dryers, and full kitchens. The Connecticut Department of Veterans Affairs is responsible for all maintenance and repairs.)
- **Homes for the Brave Veterans Service Center:** (203)338-0669
655 Park Avenue Bridgeport, CT 06614
(Provides immediate basic needs and resources to Veterans in need. Assists individuals by offering referrals to emergency and permanent housing resources, vocational counseling, assistance with benefits, and other supportive services. Drop-In
Hours: Monday through Friday, 8:30 AM to 4:30 PM)
- **The Workplace: Supportive Services for Veteran Families (SSVF):** (203)610-8538
Email: agopian@workplace.org
(Assists veteran families at risk of becoming homeless to maintain their housing and to rapidly re-house veteran families who have recently become homeless in Southwest and South Central Connecticut. Supportive Services for Veteran Families is funded by the U.S. Department of Veterans Affairs. Supportive Services for Veteran Families (SSVF) was founded upon the principle that every veteran has a right to housing.)

Legal

- **Connecticut Veterans Legal Center:** (203)794-4291
114 Boston Post Road, West Haven, CT 06516
(The mission of Connecticut Veterans Legal Center is to help veterans recovering from homelessness and mental illness overcome legal barriers to housing, healthcare and income.)

Recreation

- **U.S. Veterans Rowing & Kayaking:** 1-844-838-7697
(The overall goal of U.S. Veterans' Rowing and Kayaking program is to improve the quality of life for disabled Veterans by engaging them in a physical wellness and fitness activity while creating a sense of unity and network using teamwork to reach a desired goal.)
<http://www.veteransrowing.com/>
- **Iraq & Afghanistan Veterans of America: Vet Together:** <https://iava.org/vettogether/>
(VetTogether ensure that connections are forged whether you're a veteran transitioning home, a retiree looking for a way to give back or a student hoping to engage with your peers. See link for events/meetups in your area or use link to post one!)

Temporary Financial Assistance

- **Soldiers Sailors and Marines Fund.** Through American Legion. Bridgeport office: (203)332-5648 www.alctssmf.org
- **American Veterans Assistance League:** (203)586-8978 (Veteran assistance program works in coordination with veterans organizations to provide support for veteran and their families through gift cards, food, and clothes. Program also provides resources and referrals. Does not provide mortgage, rent, utility or other type of financial assistance)
- **The Connecticut National Guard Foundation: Temporary Financial Assistance Program.** (860)241-1550 (The Connecticut National Guard Foundation, Inc. is a private nonprofit corporation organized for the purpose of providing temporary, need based, financial assistance for the Connecticut National Guard and Organized Militia. The fund provides benefits such as clothing, food, medical and surgical aid, and general care and relief.)
- **American Legion Auxiliary:** The Auxiliary Emergency Fund is a national grant assistance program that provides temporary emergency help to eligible members of the American Legion Auxiliary who have suffered a significant financial setback as the result of an act of nature or other personal crisis. AEF funds may not be used for medical expenses or debt such as that on credit cards. Members request an application by contacting their unit or department headquarters.

Transportation

- **Beneficiary Travel (BT):** The Beneficiary Travel program provides eligible Veterans and other beneficiaries mileage reimbursement, common carrier (plane, train, bus, taxi, light rail etc.), or when medically indicated, "special mode" (ambulance, wheelchair van) transport for travel to and from VA health care, or VA authorized non-VA health care for which the Veteran is eligible. For more information please call 1-877-222-8387
- **Veterans Transportation Services:** (203)932-5711 ext. 3298. (The Veterans Transportation Service (VTS) provides safe and reliable transportation to Veterans who require assistance traveling to and from VA health care facilities and authorized non-VA health care appointments. VTS also partners with service providers in local communities to serve Veterans' transportation needs.)