

Fairfield Bike and Pedestrian Plan Advisory Committee
December 12, 2012, 5:00 p.m.
2nd Floor Conference Room, Independence Hall

1. Discussion and Vote on 11/14/2012 Meeting Minutes
2. Draft Plan Update
3. Representative Reach Out Program
4. Presentation:

Modifying the Built Environment for Health Promotion and Physical Activity

A survey of "Goat Trails" in our region

A "goat trail" is a walkway formed by people trying to get from point "A" to point "B" in our communities. These are walkways that could and should be replaced with sidewalks or alternatives for the safety and health of our communities. Faculty and students from the department of Exercise Science at Sacred Heart University have specifically surveyed several of these areas and have developed a proposal for modifying our built environment to promote health.

Speakers: Wendy Bjerke PhD, PAPHS and selected students in Exercise Science

5. Other business