

Community Resource Directory



for
Fairfield
Seniors



Published by the Department of Human Services
Town of Fairfield, Fairfield Senior Center
Fairfield, CT 06824
203-256-3166
Second Edition, October 2011

The information contained in this directory was believed to be accurate at the time of publication, but is subject to change without notice. Mention of a service or organization in this booklet does not constitute an endorsement or recommendation of such service or organization by the Town of Fairfield or any of its agencies. This booklet is published as a service to Fairfield residents and community professionals.

Second Edition

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Community Resource Directory

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**The Fairfield Senior Center
100 Mona Terrace
Fairfield, CT 06824**

Providing Services and Support for Fairfield's Older Adults

203-256-3166

www.fairfieldct.org/senior.htm



Dear Friends,

There are many valuable resources available to seniors and their families that are sponsored by town, state and federal governments as well as nonprofit organizations. Our purpose in compiling and distributing this directory is to provide you with a convenient list of the various services, programs and support groups that could be of help to you when and if the need arises. We hope you'll find this booklet useful.

Try as we might, no directory of this type is ever as complete, comprehensive or error free as we'd like it to be. Please help us to improve the next edition by noting any omissions and sending us your suggestions. Your recommendations are very important to us.

The Fairfield Senior Center acts as a clearing house for information that bears on all aspects of senior living and is often the first stop in getting the kind of assistance you need. For information, call us at the number above and please visit our center often. You'll be glad you did!

Sincerely,
Department of Human Services
November, 2011

Emergency Phone Numbers

Police, Fire, Emergency Medical Services 911
(For all emergencies, including TDD calls.)

For Non-Emergencies:

Police 203-254-4800
Fire 203-254-4700
Emergency Medical Service (EMS)..... 203-254-4800
Health Department..... 203-256-3020
Emergency Information Hotline 203-254-4899
Power Outages..... 800-722-5584
Radio Stations..... WICC 600 AM, WEBE 107.9 FM
TV Stations.....Cablevision 12, Channel 8

Poison Controlcall 911, then 1-800-222-1222
www.poisoncontroluchc.edu

St. Vincent's Hospital 203-256-6000
www.stvincents.org

Bridgeport Hospital 203-384-3000
www.bridgeporthospital.org

Call Infoline Dial 211

Infoline is a free, 24-hour confidential hotline for information and resources

www.infoline.org

Emergency Alerts

To sign up for emergency alerts from the Town of Fairfield or the state, visit:

www.ctalert.gov

General Information

Department Of Human Services..... 203-256-3166

Fairfield Senior Center. Provides information on and assistance with: alternative living arrangements; Social Security; Medicare; Medicaid; family relationships; state and federal programs, including home care, day care, convalescent homes, tax relief, renter's relief, transportation, educational opportunities, counseling, financial assistance, and most other concerns of older adults. Home and office appointments available.

www.fairfieldct.org/senior.htm

Do Not Call List..... 1-800-842-2649

www.donotcall.gov

CT Consumer Protection Department..... 1-888-382-1222

www.ct.gov/dcp

Domestic Violence Crisis Center 1-888-774-2900

The help line is available 24 hours.

www.dvccct.org

Eldercare Locator.....1-800-677-1116

www.eldercare.gov

Medicare 1-800-633-4227

www.medicare.gov

Municipal Agent for the Elderly (Claire Grace)..... 203-256-3166

People with Disabilities (Eileen Kennelly)..... 203-256-3189

Fairfield Senior Times203-256-3166

The newsletter of the Fairfield Senior Center

Email: fsteditor@hotmail.com

Photo Identification Care 203-579-6015

For adults without driver's licenses, call the Department of Motor Vehicles.

www.ct.gov/dmv

General Information

Protective Services 203-551-2701

Investigates reports of neglect, abuse, exploitation and abandonment of persons 60 and over and takes corrective action when necessary.

www.ct.gov/dss/cwp/view.asp?a=2353&q=305232

Social Security

Bridgeport 1-866-331-6399

National Number 1-800-772-1213

www.socialsecurity.gov

SWCAA 1-800-994-9422

Bridgeport Office 203-333-9288

South Western Connecticut Agency on Aging

www.swcaa.org

VETERAN AFFAIRS

Connecticut Department of Veteran's Affairs 1-866-928-8387

U.S. Department of Veteran's Affairs 1-800-827-1000

Fairfield Center in the Early 1960's



Fairfield Center, looking North. This photo was taken sometime in the early 1960's. Longtime residents will remember the Fairfield Store on the corner of Route 1 and Reef Road and Henry's Men's Shop.

Adult Day Care Centers for the Frail Elderly

Grasmere by the Sea..... 203-365-6470

1 Post Road, Fairfield, CT

www.jhe.org/adultdayservices.htm

Greenwich Adult Day Care

River House 203-622-0079

125 River Road Extension, Greenwich, CT

www.gadc.org

Waveny Care Center..... 203-594-5200

3 Farm Road, New Canaan, CT

www.waveny.org

Compassion



“I came upon a doctor who appeared in quite poor health. I said, ‘There’s nothing that I can do for you that you can’t do for yourself.’ He said, ‘Oh yes you can. Just hold my hand. I think that that would help.’ So I sat with him a while then I asked him how he felt. He said, ‘I think I’m cured.’”

—Conor Oberst (American Singer and Song Writer)

Counseling and Support Services

Alcoholics Anonymous 203-227-2496

www.ct-aa.org

Alzheimer's Association 1-800-272-3900

Support groups for patients as well as caregivers. 24 hour help line.

www.alz.org

Alzheimer's Foundation of America..... 1-866-AFA-8484

Focuses on providing optimal care of patients and support for families.

www.alzfdn.org

Bereavement Groups

Visiting Nurse & Hospice of Fairfield County..... 203-762-8958

Please call for schedule of workshops and support groups.

www.visitingnurse.net

Department of Human Services 203-256-3166

Fairfield Senior Center, 100 Mona Terrace, Fairfield, CT 06824. Experienced staff provides short-term counseling to older adults and their families.

www.fairfieldct.org/senior.htm

The Kennedy Center..... 203-365-8522

Innovative and comprehensive program services to persons with special needs and disabilities from birth to their senior years.

www.thekennedycenterinc.org

St. Vincent's Behavioral Health Services 203-227-1251

Committed to providing care for mind, body and spirit as an integrated continuum of behavioral health and addiction services.

www.hallbrooke.org

Visiting Nurse & Hospice 203-762-8958

Services include preventive, therapeutic, respite, rehabilitative, counseling and hospice services.

www.visitingnurse.net

Counseling and Support Services

NAMI – Fairfield203-259-8396, Ext. 30

NAMI – CT..... 1-800-215-3021

NAMI (National Alliance on Mental Illness) is a grassroots organization of members dedicated to giving a voice to and providing advocacy for those suffering from the various forms of mental illness. It also serves and provides support for those who have a family member or friend suffering from such an illness. NAMI offers support group meetings, educational programs and advocacy opportunities.

NAMI is dedicated to the eradication of mental illness and the stigma that is so often attached to it.

www.namifairfield.org

www.namict.org

Fairfield Counseling Services..... 203-255-5777

125 Penfield Road, Fairfield, CT

Counseling, psychiatric and substance abuse evaluation.

www.fcsinc.org



Bronson Windmill

The Bronson Windmill is an historic structure built in 1893-94 for Frederic Bronson. Located at 3015 Bronson Road in Fairfield, it was added to the National Register of Historic Places in 1971. It is also a contributing property in the Greenfield Hill Historic District, another NRHP listing.

Wind power ran a pump to move water up from a 75 foot well to a storage tank about 70 feet above in the tower. Talk about sturdy construction—the full storage tank weighed the equivalent of two elephants. Operation continued into the 1930's. The windmill now serves as a cell tower.

Employment

Maturity Works, Career Resources 203-953-3247

CTworks Centers of Southwestern Connecticut

Bridgeport

Training and job search assistance program that helps people, age 55 and older, with obtaining the skills necessary for employment.

www.ctworkssw.org

Jewish Family Service 203-921-4161

Provides training and employment for income-eligible job seekers age 55 and over.

www.ctjfs.org

Fairfield Library 203-256-3155

Offers workshops and resources to help job seekers find information.

www.fairfieldpubliclibrary.org



Penfield Light

Constructed in 1874, Penfield Lighthouse was one of the last offshore masonry lights. Most offshore lights built after this were cast iron towers set on cylindrical cast iron foundations. The structure is about 1.1 miles off Fairfield Beach, on one end of the reef.

Penfield Reef has been called one of the most treacherous areas of western Long Island Sound and has ripped out the bottom of many a pleasure craft.

The lighthouse was added to the National Register of Historic Places as Penfield Reef Lighthouse in 1990.

Geriatric Assessment

A geriatric assessment is a medical evaluation of a senior's ability to function within their environment. Such an evaluation may result in a care plan, valuable information and appropriate referrals for seniors and their families.

Bridgeport Hospital Geriatric Assessment 203-384-3388
www.bridgeporthospital.org

Brown Geriatric Evaluation Clinic 203-594-5200

Geriatric Care Management Program
Waveny Care Center, New Canaan
www.waveny.org

Greenwich Hospital Geriatric Services 203-863-4373
www.greenhosp.org

Jewish Home for the Elderly
Institute on Aging 203-396-1240
www.jhe.org

Norwalk Hospital Geriatric Assessment 203-852-3112
www.norwalkhosp.org

St. Vincent's Medical Center Geriatrics 203 576-5710
www.stvincents.org

Yale Geriatric Assessment Center 203 688-6361
www.ynhh

Health Services

Connecticut Veterans House and Hospital 1-860-529-2571

287 West Street, Rocky Hill, CT

Hospitalization and convalescent care for veterans.

www.ct.gov/ctva

Dental Services

Fones School of Dental Hygiene Clinic

University of Bridgeport..... 203-576-4137

Patient clinical services include oral examinations, personalized home care instruction, blood pressure screening, x-rays, teeth cleaning, sealants, fluoride treatments, whitening agents and referral. Fees are based on a sliding scale.

www.bridgeport.edu/ubclinics/dentalclinic.aspx

Disability Resource Center/Fairfield County 203-378-6977

80 Ferry Blvd., Suite 210, Stratford, CT

Support services, training and equipment to promote independent living skills and the rights of disabled people.

www.drcfc.org

New England Equipment Center (NEAT) 1-866-526-4492

The Equipment Restoration Center (ERC) has a large inventory of gently used donated and restored durable medical equipment.

Eyecare America 1-800-222-3937

Those age 65 or older who have not seen an eye physician in three or more years may be eligible to receive a comprehensive, medical eye exam and up to one year of care at no out-of-pocket cost for any disease diagnosed during the initial exam. Volunteer ophthalmologists will waive co-payments, accepting Medicare and/or other insurance reimbursement as payment in full. Patients without insurance receive this care at no charge. Those who are determined to be at increased risk for glaucoma (by age, race and/or family history) and have not had an eye exam in 12 months or more may be eligible to receive a free glaucoma eye exam if they are uninsured. Those with insurance will be billed for the exam and are responsible for any co-payments. Initial treatment is provided, if deemed necessary, by the doctor during the exam.

www.eyecareamerica.org

Health Services

Fairfield County Medical Association..... 203-372-4543
Provides help in finding a doctor.
www.fcma.org or www.csms.org (for Connecticut Medical Association)

St. Vincent's Behavioral Health..... 203-227-1251
Offers a full range of inpatient and outpatient behavioral health and chemical dependency programs.
www.hallbrooke.org

Fairfield Health Department 203-256-3020
725 Old Post Road, Fairfield
www.fairfieldct.org (click "Health Department")

The department provides nursing services to all public and private schools.

It provides state-mandated screenings of school-age children and also provides dental hygienic and dentist care, physical exams and immunizations to under or uninsured children through its Dental Program and Well Child Clinic.

The Health Department licenses and inspects more than 410 food service establishments, food stores, temporary vendors, nursing homes, barber shops, beauty and nail salons, schools, public pools, hotels, motels and rooming houses.

The Health Department is also responsible for issuing all permits related to the installation, repair and upgrading of septic systems.

The Health Department also signs off on and conducts inspections related to building permit applications and certificates of occupancy for construction or renovation activity at homes on septic systems, food establishments, schools, day care centers and nursery schools, and inspects demolitions of residential and commercial properties.

Local regulations also require the Health Department to conduct inspections and issue certificates of rental occupancy.

Health Services

Veteran’s Affairs New England Health Care System, West Haven203-932-5711

Veteran’s inpatient and outpatient care health screening. Help with prescription drugs. Appointment necessary. V.A. health screenings also available at Stamford Hospital. (203-325-0649)

www.va.gov

Voluntary Services for the Blind of Fairfield County230-324-6611

Seeks to improve the quality of life for visually handicapped persons. All services provided by volunteers.

www.voluntaryservicesfortheblind.org

Library for the Blind Physically Handicapped .. 1-800-842-4516

The library provides free mail loan of recorded and Braille books and magazines and necessary playback equipment to all eligible state residents.

Burr Homestead



The 18th Century, 10-room mansion is available for community and private events. It’s managed by Fairfield Museum and History Center.

Home Healthcare

Are You Okay 203-254-4800
Free service offered by the Fairfield Police Department. You will receive a daily computerized telephone call from the police department. Should you fail to answer, the department will dispatch an officer to your home to check on your well being.

www.fpdct.com (Click “Community Programs”)

CT Nat’l Family Caregiver Support Program 203-333-9288
Daytime and overnight relief for caregivers of individuals with Alzheimer’s or related disorders. Southwestern Connecticut Agency on Aging.

www.swcaa.org

CT Home Care Program For Elders

Alternate Care Unit of CT 1-800-445-5394

A program of the Connecticut Department of Social Services contracted with the Southwestern Connecticut Agency on Aging, which funds a variety of home care services as an alternative to nursing home care. Asset restrictions apply.

www.swcaa.org

Family and Children’s Agency (Non-Profit) 203-831-2900

The Home Care Plus Program offers a range of homemakers and home health aide services, subsidized to help clients maintain their independence.

www.familyandchildrensagency.org

Family Services Woodfield 203-368-5592

475 Clinton Ave, Bridgeport, CT

Prepared meals delivered to those individuals who are unable to prepare or obtain nourishing meals on their own. One or two meals a day, up to seven days per week. Cost varies from program to program.

www.fswinc.org

Medicare.gov

The Medicare website. Very informative. Compare facilities, doctors, policies, drug formularies, etc.

www.medicare.gov

Home Healthcare

Personal Emergency Response.....203-853-3116

A 24 hour emergency response system which equips individuals with a small personal “help” button to summon immediate aid.

www.familyandchildrensagency.org

Visiting Nurse and Hospice of Fairfield County 1-800-898-HOME

Complete array of home health care services including skilled nursing, rehabilitation services, support groups, health aides and homemakers. Also hospice and respite care.

www.visitingnurse.net

Fairfield Museum and History Center



The Fairfield Museum and History Center is a museum and library focusing on the history of Fairfield, Connecticut and the greater Fairfield area.

The museum opened

on September 16, 2007 and is located at 370 Beach Road, behind the Fairfield Town Green.

The museum's collections include furniture and household items, clocks, costumes and textiles, art, tools, military items, dolls and toys, and architectural fragments.

The library's collections include manuscripts, maps, photographs, church books, land records, oral histories and other resources relating to Fairfield, as well as general books on genealogy, local and regional history, general and art history.

The library's reading room looks out on Fairfield Town Green, with views of Sun Tavern and Victorian Cottage and Barn. The museum owns and operates the historic Ogden House and manages several historic properties owned by the Town of Fairfield, including the Bronson Windmill on the site of the Fairfield County Day School, the Burr Homestead shown on page 11, the Powder House on Unquowa Road and the aforementioned Sun Tavern and Victorian Cottage and Barn on the Green.

Housing/Home Maintenance

Housing Options—Department of Human Services 203-256-3166

Southwestern Connecticut Agency on Aging 203-333-9288 or 1-800-811-9808

Lists of: Assisted living and continuing care retirement communities, congregate living facilities, residential care homes, independent retirement communities, and subsidized rental housing. Available at:

www.swcaa.org

FAIRFIELD ELDERLY HOUSING DIRECTORY

Pine Tree Lane—Fairfield Housing Authority 203-366-6578

15 Pine Tree Lane, Fairfield, CT
38 Units: 28 efficiencies, 10 one-bedroom units
62 or older or Social Security disabled

Trefoil Court—Fairfield Housing Authority 203-366-6578

20 Trefoil Court, Fairfield, CT
30 units: 22 efficiencies, 8 one-bedroom units
62 or older or Social Security disabled

Berger Building (Contact Person: Joe Berger) 718-229-8887

1838 Black Rock Turnpike, Fairfield, CT
26 units: 16 efficiencies, 10 one-bedroom units
62 or older or Social Security Disabled

Parish Court..... 203-333-4912

175 Warde Terrace, Fairfield, CT
100 units: 40 subsidized efficiencies, 37 subsidized one-bedroom units, 23 market-value units
62 or older or Social Security disabled

Housing/Home Maintenance

Bishop Curtis Homes of Fairfield 203-366-4333

1677 Post Road, Fairfield, CT
15 units: 4 efficiencies, 11 one-bedroom units
62 or older or Social Security disabled

Sullivan–McKinney Elder Housing 203-259-1991

224 Meadowbrook Road, Fairfield, CT
40 units: 26 efficiencies, 14 one-bedroom units
62 or older or Social Security disabled

Grasmere Avenue 203-581-0286

124-128 Grasmere Ave., Fairfield, CT
4 units: all one bedroom
62 or older or Social Security disabled

Durrell Drive 203-270-9123

Durrell Drive, Fairfield, CT
4 units: all two bedroom
HUD Income Guidelines

Greenfield Commons 203-672-0225

580 Villa Ave., Fairfield, CT

Housing/Home Maintenance

Better Business Bureau 203-269-2700

Find an accredited business.

www.connecticut.bbb.org

Connecticut Consumer Protection Department 1-800-842-2649

Consumer protection representatives answer consumer questions. A list of registered contractors available for a fee.

www.dcp.state.ct.us

Family and Children's Agency 203-831-2900

Chore services, light maintenance and repairs. Carpentry program specializes in home renovation for handicap accessibility.

www.familyandchildrensagency.org

HOME EQUITY CONVERSION MORTGAGES FOR SENIORS

Reverse Mortgages FHA and HUD

www.hud.gov/buying/rvrsmort.cfm

SWCAA Senior Housing Assistance Fund 203-333-9288

Provides interest free loans to individuals who are 60 years of age and in need of financial assistance. The fund can be used for security and utility deposits, moving expenses, furnaces, roof repairs, adaptive equipment and renovations.

www.swcaa.org

Town of Fairfield Office of Housing and Economic Development, 611 Old Post Road, Old Town Hall, Fairfield, CT 203-256-3120

Handyman Services

The office of Housing and Economic Development pays for labor costs associated with various handyman services to help low income homeowners. Services include minor plumbing, minor electrical, light carpentry, exterior maintenance, masonry repair and minor roof repair. The homeowner is responsible for the cost of material.

Housing/Home Maintenance

Single Family

Rehabilitation Program—The town will provide up to 60% of the total project cost up to a maximum of \$15,000. Income guidelines established by HUD apply. Included are exterior painting, handicapped accessibility improvements, replacement boilers, furnaces and hot water heaters.

Rebuilding Together 203-921-1792

Rehabilitates the homes of low income persons, particularly the elderly, the disabled, and families and children.

www.rebuildingstgr.org

David Ogden House



The David Ogden House was built in 1740 as an integral saltbox. The house is an exceptional survivor of a typical early 18th century First Period Connecticut farmhouse. There is a massive central field stone chimney topped with brick. The house, which escaped the burning of Fairfield

by British forces that invaded during the American Revolution, provides a glimpse into the life of a typical family of the period.

The house was called the new house in a 1750 deed. It is believed that the house was built for David Ogden at the time of his marriage to Jane Sturges and for the next 125 years was home for the Ogden family.

The house was given to the Fairfield Historical Society by Lillian Wadsworth and now stands as a museum. Ogden House is only open to the public on Sunday afternoons during the summer. Admission is free.

Legal Information and Services

Better Business Bureau 203-269-2700
www.connecticut.bbb.org

Center For Medicare Advocacy 1-860-456-7790
Legal advice and representation on Medicare issues.
www.medicareadvocacy.org

Connecticut Legal Services, Bridgeport Office ... 203-336-3851
Legal assistance regarding elder consumer rights, Medicaid and nursing home rights, elder housing rights.
www.connlegalservices.org

Connecticut Network for Legal Aid 1-800-453-3320
Connecticut's Legal Aid programs worked together to create this website which is designed to help people with very limited income find help for their legal problems. This website attempts to answer your questions and provides legal information and tools to help you represent yourself.
www.ctlawhelp.org

Consumer Law Project for Elders 1-800-296-1467
Free legal advice for Seniors age 60+ that provides comprehensive, current information on elder law, government programs and legal assistance.
www.ctelderlaw.org

Connecticut Department of Consumer Protection 1-800-842-2649
www.ct.gov/dcp

Housing Court 203-846-4332
Help with landlord-tenant matters, evictions.

Lawyer Referral Service 203-335-4116
Bar Association sponsored service. Local referral, \$35 first half hour.
www.bptbar.org

Probate Court 203-256-3041
Independence Hall, Town of Fairfield, Fairfield, CT
Probate wills, administers estates and trusts, appoints conservators of persons and estates of incapable persons, and appoints guardians.

Statewide Legal Services/

Connecticut Elderly Unit 1-800-453-3320

www.slscct.org

Pequot Library



Pequot Library was founded in 1889 by Elbert B. and Virginia Marquand Monroe, residents of Southport, Connecticut. Mrs. Monroe was the adopted daughter of successful Fairfield businessman Frederick Marquand. He and his brothers were leaders in the cultural life of late 19th century America. Frederick was a major donor to Yale and Union Theological Seminary, and his brother Henry G. Marquand was President of the Metropolitan Museum of Art in New York during the time Pequot Library was founded. On his death, Marquand left to his daughter his home in Southport and his fortune and, out of these assets, grew one of the most remarkable libraries in the country.

The library building, designed by noted American architect Robert H. Robertson, was erected in 1893 on the grounds of the Marquand home. In April 1894, the doors of the library opened to the public, and, since that time, it has been the scene of lectures, workshops, concerts, children's programs, art shows, and so much more—making it a true cultural center for the entire region.

Money Matters

American Red Cross 1-877-287-3327
Statewide Emergency Service 203-683-4271
For disaster clients only.

Fairfield Veterans Information and Advisory Center 203-259-9005
Help with benefits and other concerns of veterans. Office of advocacy and assistance.
serviceofficer@americnlegion143.net

Connecticut Department of Social Services 1-877-551-2700
925 Housatonic Avenue, Bridgeport
SNAP (also known as Food Stamps); State Supplement (cash assistance); Medicaid (also known as Title 19); and “QMB”, a program that helps with Medicare premiums and deductibles for those eligible.
www.dss.state.ct.us

Consumer Credit Counseling 1-800-450-2808
Non-profit, statewide community service that offers financial counseling and debt management.
www.moneymanagement.org

Department of Human Services 203-256-3166
Fairfield Senior Center
Information about and assistance with financial needs, including: Medicare; Medicare Part D (prescription drug coverage); Medicaid (Title 19); “QMB” (help with Medicare premiums); Social Security; SSI; home-owners tax relief; renters relief; heating fuel assistance; and food stamps.
www.fairfieldct.org

Medigap, Medicare Part D Insurance Information Choices 1-800-994-9422
A cooperative program of the State of Connecticut, Department of Social Services, the Area Agencies on Aging and the Center for Medicare Advocacy.
www.swcaa.org

Money Matters

National Council on Aging

www.BenefitsCheckUp.org

A website with confidential screening tools to determine eligibility for state and federal programs, with detailed instructions on how to apply for them. For assistance:

Department of Human Services 203-256-3166
or 1-800-994-9422

www.swcaa.org

New England Pension Assistance Project 1-888-425-6067

Assistance for individuals having trouble understanding or obtaining their pension benefits, as well as finding lost pensions.

www.pensionaction.org

Fuel Assistance ABCD, Inc. 203-366-8241

1070 Park Ave., Bridgeport, CT

The ABCD Energy Program provides help to eligible households with assistance in paying their winter heating bills.

Fairfield Intake Site—Fairfield Social Services,

Fairfield Senior Center 203-256-3170 or 203-256-3166

www.abcd.org

Social Security Administration 1-800-772-1213

Bridgeport Office 1-866-331-6399

3885 Main Street, Bridgeport, CT

Hours: 9:00 a.m. to 4:00 p.m., Monday through Friday.

Information on Social Security, Medicare and Supplemental Security

Income (SSI), Social Security replacement card, and disability assistance.

Please call first.

www.ssa.gov

Soldiers, Sailors & Marines Fund 1-860-296-0719

Temporary financial aid to veterans and their families.

www.ct.gov/ssmf

Money Matters

Home Owners Tax Relief/Renters Rebate

Assessor.....203-256-3710/256-3003

Department of Human Services 203-256-3166

For those 65 years and older or totally disabled; income eligibility differs for various state and local programs.

www.fairfieldct.org

AARP Free Tax Help and Filing

Fairfield Senior Center..... 203-256-3166

With emphasis on low and middle income households and special attention to those age 60 and older.

Unemployment Compensation..... 860-263-6000

File a claim, emergency benefits, etc.

Connecticut Department of Labor

200 Folly Brook Blvd., Wethersfield, CT

The Sherman Green Gazebo



The Sherman Green Gazebo has been the scene of hundreds of concerts and other community events over its 26-year life.

The gazebo was the brainchild of Ken Dalling, a member of the Fairfield Parks

Commission at the time. It was designed by architect Mike Girardi, who modeled it after one Mr. Dalling admired during a visit to Cape May, New Jersey, and another in Liverpool, England. The gazebo, which serves as the only bandstand in town, was rededicated on its 25th anniversary in 2010.

With an area of 1.4 acres, Sherman Green is the only open space in the busy downtown business district. It's a popular spot to eat lunch.

Recreation and Education

Elderhostel/Road Scholar 1-800-454-5768
College-level classes, travel, volunteer programs, multi-generational trips combined with living on campus, in hotels, motels and aboard ship for a week or more—all are offered by Elderhostel at moderate cost. Free quarterly catalogs for national and international programs are available by calling the toll-free number.

www.elderhostel.org

Institute for Learning in Retirement 203-256-3166
Affiliated with Elderhostel, the Fairfield Senior Center and Sacred Heart University. Designed for adults age 50 and over. The membership fee is \$10 and the per course fee is \$20.

Learning for a Lifetime 203-254-4110
For adults age 50 and over. Monthly symposia, auditing of university semester-long courses.

www.fairfield.edu

AARP (Connecticut Office) 1-866-295-7279
Monthly meetings open to all seniors, September through June. Community affairs, speakers, and social events.

National website:

www.AARP.org

America the Beautiful

National Parks and Federal Recreational Lands Pass: \$10 lifetime pass to Federal Parks for adults age 62 and over. Get a pass at the park you visit.

<http://store.usgs.gov>

Fairfield Senior Center 203-256-3166
The Fairfield Senior Center develops, implements, and coordinates programs and services for older adults. The center is open Monday through Friday, year-round. Hours are 9:00 a.m. to 3:30 p.m. Recreational, cultural, social and educational programs are offered as well as Elderhostel classes, computer courses, exercise programs, lending library, AARP Safe Driving Program, tax counseling, heating fuel assistance, trips, lunch program, information and referral.

www.fairfieldct.org/senior.htm

Recreation and Education

Fairfield Continuing Education 203-255-8376
Classes at local schools and the Fairfield Senior Center. Reduced senior rates.

www.fairfieldcontinuinged.com

Charter Oak Pass 1-860-424-3200
Free pass to Connecticut State Parks for adults age 65 and over. Send a clear copy of your driver's license or photo I.D. (which shows address and date of birth) to: Department of Environmental Protection, Charter Oak Pass, State Parks, 79 Elm Street, Hartford, CT 06106. You can also get your pass at the gate of any state park with proper identification.

<http://www.ct.gov/dep/cwp/view.asp?a=2716&q=325090>

Fairfield Parks and Recreation 203-256-3144
Special rates for senior residents over age 62 include: fitness center; tennis; beach stickers; marina; and town dump.

www.fairfieldrecreation.com

Samp Mortar Lake



Formerly a reservoir, the 52-acre lake is named after the "Samp Mortar" — a mortar in which the Indians mashed samp, a kind of corn mash. The actual Samp Mortar is located at the top of a cliff in the Samp Mortar Rock Park on Springer Road. The land surrounding the lake, which has four miles of shoreline, had been home to generations of Native Americans, including the Sasqua, Pequonnock and Mohican tribes.

Transportation

American Cancer Society 1-800-227-2345

Transportation to cancer-related medical appointments anywhere in the area for ambulatory cancer patients. 24-hour service. 48-hour notice.

No cost.

www.cancer.org

Handicapped Parking Permit 203-256-3170

Applications available at the Fairfield Senior Center.

Fairfield Senior Services Transportation 203-256-3168

Fairfield Senior Services provides service to Fairfield citizens for: doctor appointments, grocery shopping, trips to the Senior Center, the Library (Wednesdays only) and special approved trips. Contact the Fairfield Senior Center Dispatcher at 203-256-3168 for reservations and bus policies. The bus service is available Monday through Friday between the hours of 8:30 a.m to 3:00 p.m.

Greater Bridgeport Transit 203-333-3031

The current one-way local fare is \$1.75. The new fare system with time to ride: 90 minutes, 1 day, 7 days, 31 days, take any bus, in any direction, as often as you like.

Ziptrip Half-Fare: Senior citizens, persons with disabilities and individuals displaying a Medicare Card pay half fare all the time. Seniors and persons with disabilities must show proper identification at boarding. Proper identification consists of a Medicare, ADA Identification or State Elderly/Disabled ID card.

www.gogbt.com

Dial-A-Ride 203-579-7777

The Dial-A-Ride service supplements the town-provided senior transportation and the GBTA-provided fixed route busses and ADA service. Service is available seven days a week. Applications are available at the Senior Center.

There are three target groups of Fairfielders: homebound senior citizens; homebound handicapped and veterans. Group trips for shopping and for entertainment, individual trips to friends, families, shopping, place of religious worship, etc.

Transportation

ITN - CoastalCT

Door-to-door, arm-in-arm transportation available 24/7. Annual membership fee and reasonable rates per mile or hour. Service areas include: Norwalk, Wilton, Westport, Weston, Fairfield and Easton.

Affiliated with ITNAmerica 203-858-2001

www.itnamerica.org

email info@itncoastalct.org

METRO-NORTH..... 1-800-638-7646

Reduced rates at 65 years during off-peak hours.

www.mnr.org

Come Walk with Me



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